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<p>Step 1 Description</p> <p>While in simulation I had a patient, who was admitted with a left hip fracture. She returned to the floor from PACU following an ORIF with a dressing & JP drain I noticed that she had a new onset of mild confusion, she was complaining of feeling dizzy and her pulse was increasing & bp was dropping quickly as well as she had an unusual amount of drainage into the JP drain for the amount of time that had elapsed.</p>	<p>Step 4 Analysis</p> <p>After spending time in clinical on the unit, my eyes have already been opened to the 7 rights to med admin & how seriously to take it & believe me as I was preparing for this simulation I told myself "slowdown. go through those meds like your life depends on it just as it does the patients" but because I have never been put under a stressful situation like that I failed to follow appropriately.</p>
<p>Step 2 Feelings</p> <p>While I was glad I was able to quickly put the puzzle pieces together to determine the patient was bleeding, I also felt overwhelmed with the events that were taking place because I have never been in the position to make all the decisions as to what would follow next & so forth. You can learn the "skills" it takes to become a nurse, but the amount of adrenaline that ran through me as I was having to apply all the knowledge I have been provided with over these course of these 4 modules was unimaginable. I loved every bit of it!</p>	<p>Step 5 Conclusion</p> <p>I have learned how important it is to stay focused and not let the situation affect how I perform no matter the circumstance, I believe that I will be able to adjust as I spend more time in clinical and simulation & am excited to see how far I can grow from this learning experience.</p> <p>What I could have done better was have a better hold of my own emotions where I could have remained focused & continued off as strong as I had started. Because while it was great that I could recognize the medical issue at hand, I failed to see it all the way through & had my patient been allergic to that med or something to that realm I could have caused more harm than good to her.</p>
<p>Step 3 Evaluation</p> <p>This simulation definitely opened my eyes to how much a nurse really does. While I was able to identify my patients bleed, once I called the Dr. for orders on how to treat, he gave me a verbal order to bolus NS 500mL & draw labs and call him back with the findings, BUT because I was under pressure & trying to take care of the blood loss situation. I completely forgot to ask for allergies and identify my patient before hanging the NS. While it wasn't an opioid. NS is still considered a medication and for that reason I broke protocol.</p>	<p>Step 6 Action Plan</p> <p>This experience has definitely opened my eyes. For future reference I will be sure to take better control of myself & the situation even when things begin to get hectic.</p>