

## **IM5 Pediatric Simulation End-of-Life Scenario Instructions for Wednesday Assignment**

### **PART #1: DUE BY 1100**

CLICK on the following link to watch the YouTube video entitled "Claire: The Documentary" <https://www.youtube.com/watch?v=jfqtOTwUcKE>

After watching the video, write a reflection (11-point Arial or Calibri font, double-spaced) that includes responses to the following questions. Submit this portion of the assignment to your group DropBox in the LMS. (To locate your group DropBox, look to the left on your screen once you have clicked into your assigned GROUP.)

1. How did you feel throughout the time that you were watching the video?
  1. Watching this documentary definitely made me emotional. It made me grateful for my health. However, it made me realize that we can empower people, and not pity patients who are sick.
2. Give a description of Claire's condition and identify the main problems that you identified?
  1. Claire has cystic fibrosis, which is a progressive, genetic disease that causes the lungs to produce excess secretions which leads to persistent lung infections and affects the ability to breathe over time.
3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?
  1. Persistent coughing due to increased thick, sticky mucous in the lungs
  2. Shortness of breath due to the lungs having increased secretions
  3. Impaired nutrition/malnutrition, the secretions make it hard for her body to absorb nutrients.
4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs?
  1. Making sure she gets adequate nutrition
  2. Make sure that she's staying on top of her breathing treatments
  3. Keeping her away from anyone who can potentially give her an infection
5. What other members of the care team should you consider important to achieving good care outcomes?
  1. A pulmonologist would be an important part of the care team, because he/she would be the primary doctor coordinating her care, since this disease takes a toll on the lungs. Also, a respiratory therapist would be extremely important, because they would be in charge of administering breathing treatments. Social work or case management would also be very important to help families with the financial toll of the disease, and to coordinate all the equipment that she needs, such as oxygen tanks, several medications, and her vest.
6. What financial challenges did this family face because of Claire's condition?
  1. Claire's mom and most CF patients typically had to leave their kids at the hospital because they are there for an extended time, and the parents usually have to get back to work. Claire also faced a big financial feat when she decided to try and get a lung transplant.
7. What did you learn from this experience?
  1. I learned that we should be empowering our sick patients to do all they can and set goals/dreams, rather than pitying them.
8. How will you apply what you learned by watching this video to your clinical practice?

1. I will apply what I learned from this by not pitying my patients, but teaching them that they are capable of so much.
9. Are there other significant words that Claire or her mother shared that impacted or inspired you?
  1. Claire talks a lot about how people who are sick/terminally ill really aren't that different from healthy people. She talks about how health itself won't really ever make her life better. This impacted me because I have definitely shown pity to sick people in the past. It's important to realize that these patients are capable of the same things healthy people are, and that they deserve dignity.
10. Is there anything else you would like to include in your reflection of this experience?
  1. This made me realize that we can all be doing more in order to live our lives to the fullest with what we have.

## **PART #2: DUE BY 1300**

Once you have completed part #1 of the assignment, CLICK into "Discussion" to open the discussion forum for your group. (To locate your group Discussion, look to the left on your screen once you have clicked into your assigned GROUP.)

Each student MUST:

- Post a response to a **minimum of 3** of the reflection questions provided in the discussion forum.
- Post a response to a **minimum of 3** other classmates providing feedback on their original posts.

## **PART #3: 1300**

Once each of the reflection questions have been answered and discussed within the discussion forum, we will have a virtual interactive group discussion to debrief on this case. Students will use the link sent to their email to join a "TEAMS" meeting.