

LVN-RN MH Clinical Assignment
(Be thorough when answering and give insight)

“28 Days with Sandra Bullock”

1. As Gwen arrives late to her sister’s wedding, her sister states, “You make it impossible to love you.” Which of Gwen’s behaviors at the wedding reception would support this statement by her sister? Gwen behaviors at the wedding was most embarrassing as on her sisters’ special day, as Gwen arrived late and she was drunk.
2. Describe the admission process when Gwen arrives at the drug treatment center. The admission process was very thorough. Staff took away all sharps or items they could danger the patient and others, she confiscated all medications and any other contraband, went over the rules of what was, and was not permissive while in rehab.
3. What did Gwen say was her gateway drug? Gwen gateway drug was alcohol.
4. When Gwen attempted to buy cigarettes at the treatment center store, she was told they did not sell cigarettes there. What was Gwen’s response? Gwen was angry they did not sell cigarettes but was able to settle for eating sweets to curtail her cravings.
5. What happens when Jasper comes for his first visit with Gwen at the treatment center? When Jasper came to visit Gwen at the treatment center, He brought in contraband for her. Gwen was happy to visit with him, but it was also a tell tell sign that Jasper was not a good support person for her rehabilitating.
6. How did Gwen injure her leg? Gwen injured her leg trying to retrieve valium that was not allowed in rehab. She initially threw them out as a means of really trying to abstain from using them, but eventually her desires and cravings got the better of her.
7. What was the therapeutic tool Gwen’s counselor gave her? The therapeutic tool Gwen counselor gave her was a sign that read, “Confront me if I don’t ask for help”. Was a reminder that you cannot and should not go at it alone. Everyone needs a little help to get through the tough times.
8. At the family meeting when Gwen’s sister attended, what was she most upset with Gwen about that happened at the wedding? Not only did Gwen show up late to the wedding drunk but also during the toast, Gwen announced to everybody at the wedding that her sister only married for money. The most important day of her sisters life and her sister shares information that could have ruined her marriage.
9. What advice did Gwen’s counselor give the group about dating after treatment? Advice given by Gwen counselor was to prove how dedicated you are to a relationship by first

Kimberly Colbert

taking care of a plant and a pet for at least a year and if they were still alive, they would be ready to date.

10. As Gwen's roommate at the treatment center is getting ready to leave, what did the patients do for her as a farewell gift/gesture? Gwen and the patients really thought of Andrea and did a skit of her favorite soap opera and at the end of the skit; they each gave Andrea a sign worded with advice. It says a lot when others think of you and wish you well
11. What happened to Andrea as she was nearing the end of her treatment? It was sad, but in the end, Andrea was afraid to leave. It not uncommon for those in any institution to be afraid to return to society and try to rebuild a life after being incarcerated, in rehabilitation or psychiatric facilities . Andrea overdosed on heroin and I think it was her way out of repeating the pain of having to start over and the knowing that she would fail.
12. As Gwen was leaving the treatment center after being discharged, what was the advice given to her by the nurse? The best advice anyone could appreciate was the advice Gwens nurse gave to her and that was Ask for help, something everyone need from time to time.
13. After Gwen was released, what happened to her and Jasper's relationship? Gwen left Jasper. It was good that Gwen knew she could not last with Jasper, as he was not a very good support system for her. Growth requires not repeating the past and repeating the same mistake. It would have been a mistake continuing the relationship, as he was not willing to grow and change for her or for himself.