

Student Name: Nadia Balderas

Date: 12/17/2020

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

Assessment was performed at 1530. Patient was admitted with dizziness and confusion.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Confused to place and time. Pupils 3mm equal, round reactive to light. Right and left hand grasp weak. Toe wiggle is present. Speech slurred, responds slowly. No pain complaints.

Comfort level: Rates pain at 0 (0-10 scale) Location: _____

Psychological/Social (affect, interaction with family, friends and staff)

Little interaction with family and staff. Slow to respond. Friendly, quiet, appropriate for age.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear and white without drainage. Ears symmetrical, auditory canals without drainage. Hears spoken voice without difficulty. Nasal septum midline, mucosa pink, oral mucous membranes pink, moist and intact. Neck supple with palpable lymph nodes.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 22 and shallow. Breath sounds clear to auscultation bilaterally. O2 at 3 L per nasal cannula with O2 sat 99%.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

S1 and S2 audible with regular rate and rhythm. Apical rate 80, radial pulses 2+ bilaterally with rate of 80. Pedal pulses 2+ bilaterally, no edema noted. B/P 151/69. Denies chest pain or discomfort. Nailbeds pink, capillary refill <3 seconds.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen, flat, soft and nontender. Active bowel sounds X4 quadrants. Has a soft, brown BM at 1pm.

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Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

Voids yellow, foul smelling urine. Uses an adult diaper due to urinary incontinence caused by a UTI. Urine output is not being recorded. States discomfort above pubic bone.

Urine Output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Moves all extremities, some stiffness. Does not ambulate. Worked and did exercises with physical therapy.

Skin (skin color, temp, texture, turgor, integrity)

Skin warm, dry and intact. Color appropriate to race. Turgor elastic.

Wounds/Dressings

Small lacerations to both wrist covered with coban.

Other

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