

Student Name: Natalie Martinez

Date: 12/17/2020

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS:**

**Complete using assessment check list and reminders below.**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

65 y/o female confused to place and time. Angry and yells of pain. Admit diagnoses gangrene on left foot

**Neurological/Sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

Confused to place & time, oriented to person. Pupils 3 mm equal, round reactive to light. Right- and left-hand grasp weak. Toe wiggle absent in left foot.

**Comfort level: Pain rates at** 10 **(0-10 scale) Location:** Foot

**Psychological/Social** (affect, interaction with family, friends, staff)

Little interaction with spouse and staff. Agitated, uncooperative, withdrawn

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

Sclera clear & white without drainage. Ears symmetrical, auditory canals without drainage. Must speak loud for patient to hear. Nasal septum midline, mucosa pink.

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 20 and unlabored. Breath sounds clear to auscultation bilaterally. O2 at 3L per nasal cannula with O2 sat at 89-97%

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart sounds audible with regular rate & rhythm. Apical pulse 87 bpm, radial pulses 1+. Pedal pulses 0, no edema noted. Complains of chest pain. Nailbeds pail & gray. Capillary refill > 3 seconds.

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**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen flat and firm. Bowel sounds absent X4 quadrants.

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**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Incontinent, amber colored urine

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10 **Urine output (last 24 hours)** \_\_\_\_\_ **LMP (if applicable)** \_\_\_\_\_

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities) Does not ambulate. Stage II pressure sore on coccyx covered with dressing.

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**Skin** (skin color, temp, texture, turgor, integrity) Skin cool and dry. Turgor poor. Left toes are necrotic and black.

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**Wounds/Dressings** DIT on left heel. Dressing on left side of chest where tunneled picc was removed.

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**Other**

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