

<p><b>Step 1 Description</b></p> <p>I had gone to assist a patient to the restroom while my nurse pulled up meds for a patient. I found her right as she was knocking on the door to enter the patients' room, so I followed right behind her. Of course, she was all for allowing me to be hands on and scan &amp; identify the patient and begin scanning the medications. Little did I know this specific patients family member was in the room and happened to be in the medical field.</p>	<p><b>Step 4 Analysis</b></p> <p>What I took away from this is that, you never know who you will be caring for next. It is so very important to be able to teach your patient and family not just the importance of meds that you will be giving but important interventions that you will be performing while they are under my care.</p> <p>I would much rather be over prepared than underprepared, my plan from here on out is to jot down important information/interventions that will be needed for not only the two patients I choose for the week but for the one or two others that my nurse will be allowing me to assist her with.</p>
<p><b>Step 2 Feelings</b></p> <p>As I was preparing to ask my nurse what each of the medications were (since I wasn't in there when she pulled them up &amp; the patient wasn't one of the two I had chosen) the family asks me was a specific medication was of course I instantly froze up and confessed that I infact didn't know the MOA for this specific steroid medication. It was a little embarrassing but I took it as an opportunity to learn and grow from.</p>	<p><b>Step 5 Conclusion</b></p> <p>I could have been better prepared by looking up the meds prior to going into that room. My nurse could have possibly given me a heads up that she was going in there but the bottom line is that I was assigned to her and ultimately it was my responsibility to prior to walking into that room. Needless to say it was a learning experience. I never want to look like I am clueless so I will be taking measure to make sure that I know any and all meds before attempting to administer.</p>
<p><b>Step 3 Evaluation</b></p> <p>The family member knew I was a student and was learning and was just giving me a hard time, but it actually helped me. After I confessed that I didn't know (but that I was fixing to ask prior to giving it in order to teach), the family member taught me what the medication was and what it was for. While it was a little embarrassing at 1<sup>st</sup>, I can guarantee you that when asked again I will for sure be able to tell exactly what the action of Methyprednisolone or better known "Solu-Medrol" is.</p>	<p><b>Step 6 Action Plan</b></p> <p>From here forward I will make sure that I allow adequate time to look at the morning meds that my nurse and I will be administering and writing down important teachings or interventions that I don't already have committed to memory so that I can make sure I am prepared.</p>