

Covenant School of Nursing Reflective

Student Name: Lila Flores

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>My patient was crying and in pain. I was in the room doing my focused assessments while the other student nurse with me was assessing vitals. Mom was in the room talking about the baby's condition. The baby had a full ostomy bag that needed to be drained. The result of the scenario was the second student nurse and I giving morphine to control the child's pain and administering the antibiotic. We were able to calm the child down and teach the mom how to empty the ostomy bag.</p>	<p>Step 4 Analysis</p> <p>A few things that I can apply to this situation from previous knowledge is that we needed to do a focused respiratory assessment prior to admin of morphine. We also forgot to ask for allergies prior to med admin which is something we have been taught to do since the start of nursing school. I also was reminded to read back what is being told to me on the phone because if I misheard something and it causes harm to my patient, I am the one who is responsible for what was said on that phone call and my license is on the line. In my opinion, the main thing I am taking away from this even is patient safety and to always keep your patient at the top of your priority. If you have parents asking questions or trying to control you it is okay to tell them to wait.</p>
<p>Step 2 Feelings</p> <p>In the beginning I was very nervous simply because it had been a while since I had been in a simulation. At the time I was thinking of following my plan to take care of my patient. The event was kind of stressful just because I was worried about missing something or harming my patient. I was also nervous because mom was very adamant about giving pain medication to the child. I felt relieved about the outcome but still slightly worried that we did not do a good job.</p>	<p>Step 5 Conclusion</p> <p>To make the situation better I could have not been so nervous and calmed down. I missed several little things that I know I would not have forgotten in a real scenario. From this event I learned that babies are much different than adults. I think others could have made the situation better by also not being so nervous or distracting, but I know in real life this is something that I will most likely happen, and I have no control of.</p>
<p>Step 3 Evaluation</p> <p>One good thing about the event was that my other student nurse was just as nervous and anxious as I was. We were both able to come together and take care of our patient the best way we could. One difficult thing about the event was that the mom was constantly reminding us that her child was in pain, and this resulted in us stopping what we had planned for the child so we could give the medication. Another thing that did not go so well was that we forgot several of the little things that were very critical for our patient. Also, something else that went well was drawing up morphine. For Pedi, the amounts are much smaller than adults and require much more attention when drawing up the medication.</p>	<p>Step 6 Action Plan</p> <p>Overall, this was a very good situation and was very eye opening. I learned that when I walk in the room, I need to control my emotions and be calm otherwise I will make mistakes and miss the little things. Moving forward, I will take the lessons learned from this scenario and apply them in future simulations or clinicals. I will say that from my last SIM in module 4 my level of confidence in my abilities has gone up so much. This has taught me that mom and baby can sense when I feel anxious and this is something I need to work on.</p>