

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below)

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0745 27y/o female. Hodgkin's lymphoma, chronic anemia. Pallor appearance.

Neurological – sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented X3. Pupils equal, round, and reactive to light. Moves all extremities on command. HGTW strong and equal bilaterally. Denies any pain at this time.

Comfort level: Rates pain at 0 (0-10 scale) **Location:** N/A

Psychological/Social (affect, interaction with family, friends and staff)

General affect, not cheerful but not withdrawn, more interactive with staff when family isn't present.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes and swallowing)

Sclera clear, white and without drainage. Ears symmetrical without drainage. Hears without difficulty. Nasal septum midline, without drainage. Oral mucosa pale pink, moist and intact. Multiple large palpable lymph nodes along jaw line. Swallows without difficulty.

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Respirations 20, even and unlabored. Unproductive periodic cough. Breath sounds clear in upper lobes bilaterally. Diminished to almost absent breath sounds in lower posterior lobes. O2 sat 96% on room air.

Cardiovascular (heart sounds, apical and radial rate and rhythm, radial and pedal pulse, pattern)

Heart rate audible with regular rate and rhythm. 78bpm. Radial pulse 2+ bilaterally. Pedal pulse -1 and thready bilaterally with edema 1+ pitting bilaterally. Capillary refill <2-3 seconds. B/P 128/80. Denies any chest pain or discomfort.

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

Abdomen firm and distended. Bowel sounds hypoactive X 4 quadrants. Slight guarding to palpation. Denies any irregularity to bowel habits/appearance.

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Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge)

voids independently. Clear, yellow urine in adequate amounts. Slight odor, denies any discharge or pain.

Urine Output (last 24 hrs) _____ **LMP** (if applicable) _____

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Posture is symmetrical. Gait is guarded but steady and unassisted. Bilateral edema on feet 1+ pitting. Swelling on left hand 1+ pitting. Moves all extremities on command without difficulty.

Skin (skin color, temp, texture, turgor, integrity)

Skin is warm, slight yellow tint. Turgor is elastic.

Wounds/Dressings

Laceration on top of foot, ~1-1.5". Right pleural chest tube - Pleuravac, dressing is dry and intact. Right clavicular dressing from previous CVAD location, dressing is dry and intact.

Other

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