Heart Failure Thinking Exercise

An 80-year-old female patient was admitted to a telemetry unit with an exacerbation of heart failure. She has a medical history of osteoarthritis, chronic renal insufficiency, and coronary artery disease including a myocardial infarction and coronary artery bypass surgery 22 years ago. The patient was discharged 2 weeks ago and is with her daughter for her follow-up primary health care provider visit.

For each assessment finding, use an X to indicate whether the interventions were _Effective_ (helped to meet expected outcomes), _Ineffective_ (did not help to meet expected outcomes), or _Unrelated_ (not related to the expected outcomes) for the patient's care at this time.

Nursing Action	Effective	Ineffective	Unrelated
States she has had no shortness of breath since hospital discharge			
Has 2+ pitting edema in both ankles and feet			
Blood pressure = 134/76 mmHg			
Has had no chest pain since hospital discharge			
Reports feeling like she has more energy now when compared with before her hospital stay			
Has new-onset fungal skin infection			

Rationales: Please put your rationales here.