

“Heroes in scrubs”

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During this time of the pandemic, more praises have been raised to our healthcare workers. Although, I have always included every health workers in my prayer, I never really thought much about the nurses in school. I remember school nurses help students with headaches and little wounds, and ofcourse lots of teaching for the students. But in this pandemic, they have stretched wide their practices, and not only help with physical pains but also emotionally.

School nurses has stretched wide their usual practices during this Corona Virus Pandemic. With most students not being in school, school nurses help with reaching out to the students and their family at home. They teach and encourage students to continue taking care of themselves and to be extra cautious especially when going as the corona virus can easily be gotten from the community. They can address the student’s parent’s worries, anxieties, and questions through virtual applications. They also not only provide health teachings, but actually support mentally and emotionally of the families as we all face new problems with daily resources. But not only that, some nurses have not stayed around the school area, but have moved in hospitals. As the number of COVID cases arises, our school nurses has came back to hospital floors to help. As easy as it may sound, transferring into virtual teaching was not the easiest.

A lot of students do not have the access to internet and laptops which is what made communication with the students and school staffs/ nurses difficult. But we are on the Covid pandemic journey for 10 months already, it has been stressful for everybody was we have lost jobs and love ones. We can be mad and swear off about it, but we can be thankful for every

single one of the workers, and all the people around us. Praying for each one's total wellbeing and reaching out for those that we can is the best we can do as a community.