

Reflection for Make-Up Assignment

My great grandma has Alzheimer's when I was little, so I really related to this article and liked that it gave me more insight to what she went through. This article also brought to my attention the toll that it took on my grandma to take care of her mother. I like that this article describes interventions to use to provide support to family caregivers of patients with Alzheimer's. Preventing caregiver burnout is essential!

One of the biggest things that jumped out to me was that the diagnosis of depression is present in 25% of individuals with AD and if it is left undiagnosed/untreated, it results in earlier onset of behavioral disturbances, cognitive deficits, and mental suffering. I honestly did not realize that one person could have more than one mental deficit until I read this article. It is important to understand how other illnesses or disease processes influence each other.

This was a very informative article and opened my eyes to different aspects of the Alzheimer's Disease.