

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: Growth and Development

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: <ul style="list-style-type: none">• Describe the physical changes that occur in each developmental phase.• Understand normal growth and development, dental health, nutrition, language, play, sleep, and limit setting in children from infancy through adolescence.• Provide anticipatory guidance to parents regarding the common parental concerns during each developmental phase.• Understand Erikson's Psychosocial Theory, Piaget's Cognitive Theory, Freud's Psychosocial Theory, and Kohlberg's Theory of Moral Development.
Pre-Class Preparation
Required: <ul style="list-style-type: none">• Hockenberry 10th Ed. : Developmental Theorist: Chapter 3: p. 44-46 (Theoretical Foundations of Personality Development, Theoretical Foundations of Cognitive Development) Table 3-2 Infant: Chapter 9: p. 321 – Family Centered Care (Feeding During First Year); p. 322-323 – Box 9-1; p. 325 – Table 9-2; Chapter 10: p. 344 – Table 10-1. Toddler: Chapter 11: p. 357 – Box 11-1; p. 371-372 – Table 11-2; p. 377-378 – Family Centered Care (Guidance During Toddler Years). Preschooler: Chapter 12: p. 391 – Family Centered Care (Guidance During Preschool Years). School-age: Chapter 14: p. 444 – Table 14-2; p. 445 – Family Centered Care (Guidance During School Years). Adolescence: Chapter 15: p. 460 – Box 15-3 p. 464 – Family Centered Care (Guidance During Adolescence). Additional Resources: <ul style="list-style-type: none">• HESI Clinical Skills: Skills for Nursing Collection: Neonatal Collection, Maternal Newborn Collection, and Pediatrics Collection
Learning Activities
Classroom Activities: <ul style="list-style-type: none">• Discussion/Group Activity• Lecture• Practice questions Laboratory/Clinical Activities: <ul style="list-style-type: none">• Care of the pediatric patient in the clinical setting (PED, PICU, Pediatric floor)• Clinical paperwork Out of Class Activities: <ul style="list-style-type: none">• none
Evaluation Methods
<ul style="list-style-type: none">• Unit Exam• HESI Specialty Exam-Pediatric Nursing

Texas DECs	QSEN Competencies
Knowledge: IIB4; IIB8; IIC4a; IIE1a; IIE12; IIG1a,b ; IIIB1a,b; Clinical Judgement: IIE3b; IIE9; IIG2a, b; IIG5a, b; IIIB1; IVA1; IVB3c;	Safety, Evidence Base Practice
IM Student Learning Outcomes	NCLEX Test Plan
2, 3, 7, 8	Health Promotion and Maintenance: Developmental Stages and Transitions, Health Promotion/Disease Prevention Safe and Effective Care Environment: Management of Care: Collaboration with Interdisciplinary team, Safety and Infection Control: Accident/Error/Injury Prevention, Home Safety Physiological Integrity: Basic Care and Comfort: Nutrition and Oral Hydration, Rest and Sleep
Concepts	Faculty
<i>Human Development, Nutrition, Safety, Sleep, Cognition, Communication, Health Promotion, Evidence Based Practice</i>	Brittany Haynes MSN, RNC-NIC, CNE Jodi Tidwell MSN, RNC-NIC
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