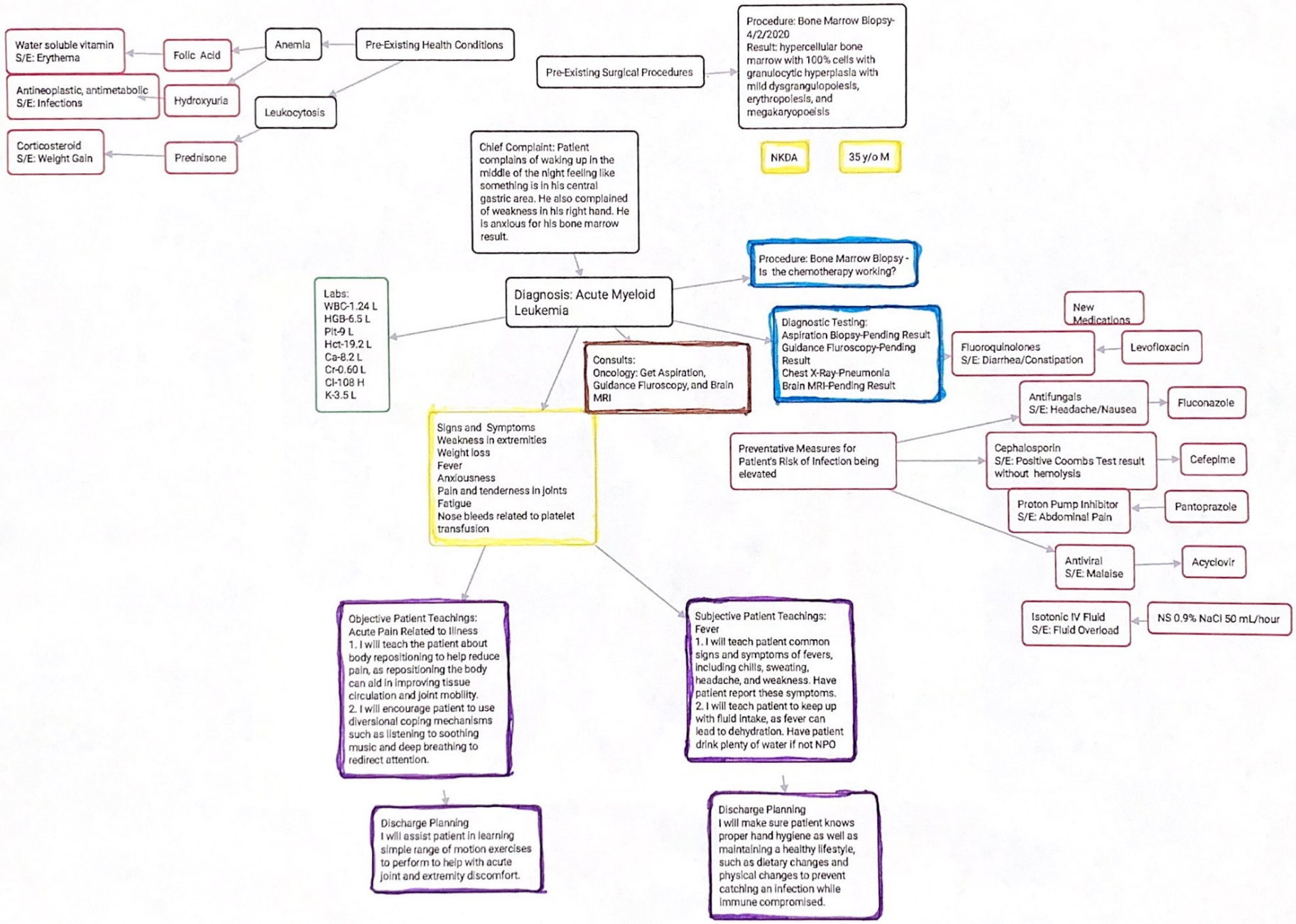
Water soluble vitamin
S/E: Erythema
Folic Acid
Anemia
Pre-Existing Health Conditions
Antineoplastic, antimetabolic
S/E: Infections
Hydroxyuria
Leukocytosis
Corticosteroid
S/E: Weight Gain
Prednisone
Pre-Existing Surgical Procedures
Procedure: Bone Marrow Biopsy-4/2/2020
Result: hypercellular bone marrow with 100% cells with granulocytic hyperplasia with mild dysgrangulopoiesis, erythropoiesis, and megakaryopoeisis
NKDA
35 y/o M
Chief Complaint: Patient complains of waking up in the middle of the night feeling like something is in his central gastric area. He also complained of weakness in his right hand. He is anxious for his bone marrow result.
Procedure: Bone Marrow Biopsy - Is the chemotherapy working?
Labs:
WBC-1.24 L
HGB-6.5 L
Plt-9 L
Hct-19.2 L
Ca-8.2 L
Cr-0.60 L
Cl-108 H
K-3.5 L
Diagnosis: Acute Myeloid Leukemia
Diagnostic Testing:
Aspiration Biopsy-Pending Result
Guidance Fluroscopy-Pending Result
Chest X-Ray-Pneumonia
Brain MRI-Pending Result
New Medications
Fluoroquinolones
S/E: Diarrhea/Constipation
Levofloxacin
Consults:
Oncology: Get Aspiration, Guidance Fluroscopy, and Brain MRI
Antifungals
S/E: Headache/Nausea
Fluconazole
Signs and Symptoms
Weakness in extremities
Weight loss
Fever
Anxiousness
Pain and tenderness in joints
Fatigue
Nose bleeds related to platelet transfusion
Preventative Measures for Patient's Risk of Infection being elevated
Cephalosporin
S/E: Positive Coombs Test result without hemolysis
Cefepime
Proton Pump Inhibitor
S/E: Abdominal Pain
Pantoprazole
Antiviral
S/E: Malaise
Acyclovir
Isotonic IV Fluid
S/E: Fluid Overload
NS 0.9% NaCl 50 mL/hour
Objective Patient Teachings:
Acute Pain Related to Illness
1. I will teach the patient about body repositioning to help reduce pain, as repositioning the body can aid in improving tissue circulation and joint mobility.
2. I will encourage patient to use diversional coping mechanisms such as listening to soothing music and deep breathing to redirect attention.
Subjective Patient Teachings:
Fever
1. I will teach patient common signs and symptoms of fevers, including chills, sweating, headache, and weakness. Have patient report these symptoms.
2. I will teach patient to keep up with fluid intake, as fever can lead to dehydration. Have patient drink plenty of water if not NPO
Discharge Planning
I will assist patient in learning simple range of motion exercises to perform to help with acute joint and extremity discomfort.
Discharge Planning
I will make sure patient knows proper hand hygiene as well as maintaining a healthy lifestyle, such as dietary changes and physical changes to prevent catching an infection while immune compromised.