

Adult/Geriatric Critical Thinking Worksheet

Student Name: Jessica Cuevas

Unit: S8

Pt. Initials:

Date: 11/4/2020

1. Disease Process & Brief Pathophysiology

Proto-oncogenes are involved in normal cell growth and division. However, when these genes are altered in certain ways or are more active than normal, they become cancer-causing genes (oncogenes,) allowing cells to grow and survive when they should not. Tumor suppressor genes can cause cells to alter in tumor suppression causing them to divide in an uncontrolled manner.

<https://www.cancer.gov/about-cancer/understanding/what-is-cancer#:~:text=Cancer%20is%20a%20disease%20caused,are%20also%20called%20genetic%20changes.>

2. Factors for the Development of the Disease/Acute Illness

age, tobacco use, sun exposure, radiation exposure, chemical exposure, virus, bacteria, hormones, family hx, alcohol, poor diet, lack of physical activity, poor nutrition, genetics, lifestyle

3. Signs and Symptoms

weight loss, fever (P), fatigue, pain, skin changes, jaundice (P), itching, erythema, abd pain(P), change in bowel habits, bleeding, trouble swallowing, cough, chills (P)

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4. Diagnostic Tests pertinent or confirming of diagnosis

CT, MRI, X-ray, Nuclear medicine, Ultrasound (P), Mammogram, Bronchoscopy, colonoscopy, cystoscopy, laparoscopy, laryngoscopy, mediastinoscopy, thoracoscopy, upper endoscopy, biopsy, ERCP (P)

5. Lab Values that may be affected

CBC (P),RBC, WBC, platelets, CMP (P), lipids, proteins, sugar, electrolytes, enzymes

6. Current Treatment

surgery, chemo, radiation, bone marrow transplant, immunotherapy, hormone therapy, targeted drug therapy, cryoablation, radiofrequency ablation, clinical trials

Patient refused treatments

7. Focused Nursing Diagnosis:

Decisional conflict

11. Nursing Interventions related to the Nursing Diagnosis in #7:

1 .Talk with patient about factors contributing to their decision

12. Patient Teaching:

1. Instruct the client to get together advance directives

2. Teach the patient of alternative therapies

3. Teach the patient the importance of end of life decisions (DNR, who to notify in emergencies, etc.)

8. Related to (r/t):

refusal of treatment

Evidenced Based Practice:

Understanding what factors led them to this decision can help the patient cope easier

2. Provide emotional support for patients decision

Evidenced Based Practice:

9. As evidenced by (aeb):

holistic treatment, increased O2 chamber, antibiotic therapy, no chemo treatment, no radiation treatment

13. Discharge Planning/Community Resources:

1. Pastoral care

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Having support can make the decision process easier

2. Resources to alternative therapies (acupuncture, yoga, etc)

3. Use resources to assist patient in decision making

3. Support groups in the community

10. Desired patient outcome:

Make sure patient has no concerns/fears regarding choice before discharge home

Evidenced Based Practice:

Websites, brochures, research can help patient make an informed decision

Nursing Diagnosis Handbook