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Covenant School of Nursing Reflective

Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.

<p>Step 1 Description</p> <p>While doing an assessment on a pt, the patient started to ask for her oxygen to be put back on, and she then complained of chest pain of an 8. The patient then complained of tingling in her left arm. The nurse immediately told the charge nurse and an EKG and a troponin blood draw.</p>	<p>Step 4 Analysis</p> <p>We learned in a previous module about symptoms of a heart attack, and my nurse did a great job handling the situation. Immediately ordering an EKG and troponin blood draw would have shown if she was having a heart attack and immediate action could have been taken.</p>
<p>Step 2 Feelings</p> <p>I had never experienced a situation like this before, so I was paying close attention to what the nurse did. I felt like I didn't do enough as I was just watching while the nurse worked, but I did learn a lot. I thought the nurse did an amazing job and really cared about the patient.</p>	<p>Step 5 Conclusion</p> <p>I learned a lot from <sup>this</sup> situation about never underestimating the complaints of a patient and always checking everything to make sure the patient is safe. I now know to always ask for an EKG and check the troponin blood level when the patient complains of chest pain.</p>
<p>Step 3 Evaluation</p> <p>I thought everything went really well in the event. How the nurse immediately took actions to make sure the heart was working correctly even when the patient did not want an EKG, the nurse insisted for the safety of the patient.</p>	<p>Step 6 Action Plan</p> <p>I plan to use this lesson when I am with a patient that experiences chest pain. <del>so that</del> I will know to always ask for an EKG and troponin blood draw. I will also use this lesson when my patients complain of anything, I will make sure to thoroughly investigate everything to make sure my patient is okay.</p>