

Covenant School of Nursing
LVN-RN Track: Course Learning Guide
Topic: Obstetric and Gynecological Care Part 2

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Incorporate key terms related to obstetrical and gynecological care into nursing practice

Complicated Pregnancies:

- Analyze pre-existing medical and pregnancy-related complications and their impact on the patient and the fetus
- Determine the appropriate nursing care for management of complicated pregnancies

FHR Assessment

- Assess the components of fetal heart rate (FHR) patterns essential to interpretation of monitor strips
- Relate the physiology of FHR accelerations and decelerations

- **Intrapartum Care**

- Formulate nursing care plan for the parturient based on knowledge of labor and delivery processes
- Distinguish the factors that place a woman at risk for Cesarean birth
- Summarize common complications and obstetrical emergencies during the intrapartum period and related nursing care

Postpartum Care

- Develop appropriate nursing care for the postpartum patient based on physiological change and psychosocial adaptation
- Identify nursing assessments and interventions for postpartum complications, both physical and psychological
- Formulate a discharge teaching plan for the postpartum mother and newborn

Newborn Care

- Analyze the critical elements of the healthy newborn physical assessment and nursing care during the initial days of life
- Develop nursing actions that support parents in the care of their neonate

Pre-Class Preparation

Required:

Read: Comprehensive Review for NCLEX-RN: Pearson Reviews and Rationales

- Chapter 8: Reproduction, Family Planning, and Infertility
- Chapter 9: Uncomplicated Antenatal Assessment and Care
- Chapter 10: Uncomplicated Labor and Delivery Care
- Chapter 11: Uncomplicated Postpartum Assessment and Care
- Chapter 12: Uncomplicated Newborn Care
- Chapter 49: Complicated Antenatal Care

- Chapter 50: Complicated Labor and Delivery Care
- Chapter 51: Complicated Postpartum Care
- Chapter 52: Complicated Newborn Care

Additional Resources:

- Postpartum Assessment & Interventions (29.13 minutes)
<https://www.youtube.com/watch?v=g5kACb1it2o>
- Postpartum Hemorrhage (3.23 Minutes) https://www.youtube.com/watch?v=F_ac-aCbEn0#action=share
- Gestational Age Assessment <https://youtu.be/satilRd4Vi8>
- Newborn Circumcision <https://youtu.be/r7T9muqv7bY>
- Preeclampsia foundation website <http://www.preeclampsia.org/>
- CDC (Centers for Disease Control and Prevention): Diabetes and Pregnancy <http://www.cdc.gov/pregnancy/diabetes.html>
- Placental Abruption <https://www.youtube.com/watch?v=Z9dBS1xLQMc>
- Placenta Previa <https://www.youtube.com/watch?v=DMCowiplXgE>

Learning Activities

Classroom Activities:

- Lecture
- Discussion

Laboratory/Clinical:

- Clinical Practice

Assignments

- Found in HESI & Other Assignments

Evaluation Methods

- Unit Exam

Texas DECs

Knowledge

II.A.1.a; 2a, b.,3; II.B.2, 4, 5, 6, 7, 8, 11, 12; II.C, 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a; II.E, 1a, 1b, 2, 4a,4b, 5, 6b, 12, 13; II.F, 2; IIG, 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8,

Clinical Judgments and Behaviors

I.A.1, 2, 3a, 3b, B.2.a, 2.b, 3.a, 3.b, 3.c, 4.a, 4.b, 5.a, 5.c, 6.a, 6.b, 6.c; II.A, 1, 2.a, 2.b, 3, 4; II.B, 1, 2, 3.a, 3.b, 4,

QSEN Competencies

Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics

<p>5, 6, 7, 8, 9; II.C.1, 2, 3.a, 4, 5, 6, 7; II.D.1, 2.a, 2.c, 2.d, 3.a, 3.b,3.c; II.E.1, 2.a, 2.b, 2.c, 3.b, 4, 5.a, 6.a, 6.c, 6.d, 9, 10, 11, 12.b II.F.1.a, 1.b, 1.c, 2.a, 2.b,5.a, 5.b; II.G.1,2a, 2b, 3, 4, 5a, 5b, 6, 7; II.H.6 III.A., 2, 3, 4, 5a; III.B.1, 2, 3.a, 3.b, 3.c, 4, 5, 8, 9; III.C.2.a, 2.b; III.D.1, 2, 3; III.E.1, 3; III.F.1 IV.A.1; IV.B.1.a, 2; IV.C.1.a, 2.b; IV.D.1.b, 3.b; IV.E.1.b, 1.c, 2.b, 2.c, 4</p>	
<p><i>IM Student Learning Outcomes</i></p>	<p><i>NCLEX Test Plan</i></p>
<p>1, 2, 3, 4, 5, 6, 7, 8</p>	<p>Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity</p>
<p><i>Concepts</i></p>	<p><i>Faculty</i></p>
<p>Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development</p>	<p>Debbie Dutton, MSN, RNC-OB</p>
<p><i>Date originated: 01/18/2018</i></p>	<p><i>Revision Dates: 12/20/2019; 11/05/2020</i></p>