

**Covenant School of Nursing
LVN-RN Course Learning Guide
Topic: Obstetrics and Gynecology Care Part 1**

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Incorporate key terms related to gynecological and obstetrical care into nursing practice
- Women's Health**
- Investigate genetic factors and lifestyle choices which place a woman at risk for adverse health conditions
 - Analyze the various contraceptive choices and nursing management for use based on patient needs
 - Summarize preventative screenings, diagnostic procedures, treatments, nursing assessments and interventions for the common conditions in women's care
 - Consider the health care needs and barriers for women of disparity and nursing actions to assist these women

Reproductive Anatomy and Physiology / Infertility

- Review human reproduction anatomy and function – male and female
- Identify common causes of infertility, diagnostic tests, methods used to treat infertility, psychosocial implications of assisted fertility, and nursing management associated with infertility issues

Conception / Fetal Development

- Examine basic components of conception and embryonic, placental, and fetal development
- Differentiate methods for diagnosis of pregnancy and determine estimated date of delivery (EDD)

Antepartum Period / Prenatal Care / Antenatal Screening

- Assess the physiologic and psychological changes during pregnancy and appropriate nursing interventions
- Determine the fundamental elements of assessment, patient education, and nursing care for prenatal visits
- Analyze the indications and nursing responsibilities for the common antenatal assessment/tests

Pre-Class Preparation

Required:

Read: Comprehensive Review for NCLEX-RN: Pearson Reviews and Rationales

- Chapter 65: Oncologic Disorders: Sections – Cervical Cancer, Ovarian Cancer, Breast Cancer

Additional Resources

- Benefits of contraceptive use in the United States (3.39) – <https://www.bing.com/videos/search?q=contraception+videos&&view=detail&mid=69556DDC95493E19549369556DDC95493E195439&&FORM=VDRVRV>
- Ovulation & the menstrual cycle (4.05) – <https://www.youtube.com/watch?v=WGJsrGmWeKE>
- Types of contraception (5.53) - <http://www.nhs.uk/Video/Pages/Typesofcontraception.aspx>
- The ultimate guide to pregnancy (50min) - <https://www.youtube.com/watch?v=Pgh7--1MVbo>
- Life Before Birth – In the Womb (1 hr, 42 min) – <https://www.youtube.com/watch?v=0gAsdEUNUJY>
- Peri menopause symptoms/Signs and Symptom of Menopause (3.10 min.) <https://www.youtube.com/watch?v=egfZkgliSQ>
- Understanding Menopause (3.16 min.) <http://www.bing.com/videos/search?q=menopause+video&view=detail&mid=BD41AEF6E315C4952395BD41AEF6E315C4952395&FORM=VIRE>
- American Pregnancy Association website-<http://americanpregnancy.org>

Learning Activities

Classroom Activities:

- Lecture
- Class participation
- Video

Laboratory/Clinical:

- GYN CPE

Online:

- Assignments listed in “HESI & Other Assignments”

Evaluation Methods

- Unit Exam

Texas DECs

Knowledge
II.A.1.a; 2a, b.,3; II.B.2, 4, 5, 6, 7, 8, 11, 12; II.C, 3, 4b. 5, 6, 7, 8; II.D. 1a, 1b, 1c, 3b, 4c,5a; II.E, 1a, 1b, 2, 4a,4b, 5, 6b, 12, 13; II.F, 2; IIG, 2a, 2b, 3a, 3b IV.C, 1, 3, 5, 8

QSEN Competencies

Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety, Informatics

<p>Clinical Judgments and Behaviors I.A.1, 2, 3a, 3b, B.2.a, 2.b, 3.a, 3.b, 3.c, 4.a, 4.b, 5.a, 5.c, 6.a, 6.b, 6.c; II.A, 1, 2.a, 2.b, 3, 4 II.B, 1, 2, 3.a, 3.b, 4, 5, 6, 7, 8, 9, II.C.1, 2, 3.a, 4, 5, 6, 7; II.D.1, 2.a, 2.c, 2.d, 3.a, 3.b,3.c; II.E.1, 2.a, 2.b, 2.c, 3.b, 4, 5.a, 6.a, 6.c, 6.d, 9, 10, 11, 12.b; II.F.1.a, 1.b, 1.c, 2.a, 2.b,5.a, 5.b; II.G.1,2a, 2b, 3, 4, 5a, 5b, 6, 7; II.H.6 III.A., 2, 3, 4, 5a; III.B.1, 2, 3.a, 3.b, 3.c, 4, 5, 8, 9; III.C.2.a, 2.b, III.D.1, 2, 3; III.E.1, 3; III.F.1 IV.A.1, IV.B.1.a, 2 IV.C.1.a, 2.b; IV.D.1.b, 3.b, IV.E.1.b, 1.c, 2.b, 2.c, 4</p>	
<p>IM Student Learning Outcomes</p>	<p>NCLEX Test Plan</p>
<p>1, 2, 3, 4, 5, 6, 7, 8</p>	<p>Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity</p>
<p>Concepts</p>	<p>Faculty</p>
<p>Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Gas Exchange, Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sleep, Coping, Human Development</p>	<p>Debbie Dutton, MSN, RNC-OB</p>
<p>Date originated: 01/18/2018</p>	<p>Revision Dates: 12/20/2019; 11/04/2020</p>