Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
	Isotonic ☐ Hypotonic ☐ Hypertonic ☐			

Student Name: Samantha Gonzalez	Unit:	Patient Initials: EW	Date: 11/3/2020	Allergies: Penicillin	

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
Pantoprazole	Protein Pump Inhibitor	Treats erosive esophagitis	40 mg PO daily	Yes		N/V Diarrhea Gas Dry Skin	1. Monitor the patient for diarrhea 2. Montior nutritional status if GI upset occurs 3. Inspect skin before admin for any dryness 4. Educate patient on the importance of swallowing medication whole, and not to chew or open
Enoxaparin	Anti-thrombatic	Anticoagulant Prevents DVT	40 mg SubQ daily	Yes	Inject as bolus	HA Bruising Bleeding Redness	1. Hold if platelet count <100 2. Rotate sites 3. Educate the patient to not rub or massage site 4. Monitor patient for signs of bleeding
Amlodipine	Calcium channel blocker	Treats chest pain	10 mg PO daily	Yes		Swelling of the ankles/feet Dizziness Diarrhea Irregular heartbeat	1. Insept extremities before, during and after for any signs of edema 2. Instruct patient to call for assistance if needing help out of bed 3. Monitor for diarrhea 4. Assess cardiovascular status before and after admin

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Hydrochlorothiazide	Thiazide dieretic	Treats fluid retention (edema)	25 mg PO daily	Yes		Bloating Numbness Constipation Dry skin	1. Perform GI assessment 2. Inspect skin before and after admin 3. Perform abdominal assessment 4. Instruct the patient to report any signs of numbness
Escitalopram	SSRI's	Treats anxiety	20 mg PO daily	Yes		Diarrhea Drowsiness HA Insomnia N/V	1. Monitor for diarrhea 2. Instruct patient to call for assistance if needing help out of bed 3. Instruct patient to take with small meals to prevent GI upset 4. Instruct patient to report any N/V and insomnia
ASA Aspirin	Salicylate	Treats cardiovascular conditions	81 mg PO daily	Yes		Dyspepsia Epigastric discomfort Heartburn Nausea	1. Instrct patient to drink plenty of fluids 2. Instruct patient to report any signs of GI discomfort 3. Assess abdomen 4. Assess for pain
Crestor	Statins	Helps lower bad cholesterol	20 mg daily	Yes		Myalgia Asthenia Amnesia Abdomen pain Constipation	1. Assess GI 2. Edcuate patient to avoid drinking grapefruit juice with medication 3. Instruct patient to report abdominal pain or discomfort 4. Advise patient to increase fiber intake

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Quetiapine	Anti-psychotic	Mood stabilizer	25 mg PO daily	Yes		Dizziness Weight gain Palpations Constipation	1. Monitor orthostatic BP 2. Instruct patient to ask for assistance to get up from bed 3. Instruct patient to report feeling of fast racing heart or irregularity 4. Instruct patient to increase fluid intake
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