

Caring for the Geriatric Patient

1 . Which of the following statements regarding age-related physiologic changes is TRUE?

- A With age, brain tissues atrophy due to normal cell degeneration.
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- B) Vascular structure composition changes with age, predisposing older persons to hypertension.
- C) The health status of persons with vision and hearing loss is poorer compared with those without sensory loss.
- D All of the above
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2 . Most skeletal difficulties in the adult female population are the result of

- A) falls.
- B) substance abuse.
- C) rheumatoid arthritis.
- D) postmenopausal osteoporosis.

3 . Which of the following is NOT a chief characteristic of geriatric failure to thrive?

- A) Delirium
- B) Depression
- C) Malnutrition
- D) Impaired cognition

4 . All of the following are risk factors for suicide in the elderly, EXCEPT:

- A) Mental illness
- B) Loneliness and social isolation
- C) Physical illness or uncontrollable pain
- D) Continued employment into older age

5 . Mild cognitive impairment is defined as

- A any change in cognition from baseline.
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- B) progressive and profound disruption in brain function and intellectual capacity.
- C) changes in mental function and ability that occur as the result of trauma or injury.
- D a spectrum of mild but persistent memory loss that lies between normal age-related changes and diagnosed dementia.

6 . The primary signs of dementia are

- A grandiose and persecutory delusions.
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- B) changes in one's ability to see and hear.
- C) mood changes distinct from previous experiences.
- D problems with memory, language, spatial-temporal reasoning, judgment, emotionality, thought disorder, and personality.

7 . Dementia with Lewy bodies is characterized by

- A) insidious onset secondary to multi-infarct events.
- B) early development of dementia and the presence of prions.
- C) visual hallucinations and an impairment in visuospatial/constructional functioning.
- D) onset following a traumatic impact to the frontal lobe, as in a motor vehicle accident.

8 . All of the following may be causes of pseudodementias, EXCEPT:

- A) Infections
- B) Closed head trauma
- C) Reactions to medications
- D) Visual and hearing deficits

9 . Of the following, which is the most common type of elder abuse?

- A) Sexual abuse
- B) Physical abuse
- C) Financial abuse
- D) Emotional abuse

10 . Which of the following is a domain of the National Consensus Project for Quality Palliative Care's clinical practice guidelines?

- A) Physical aspects of care
- B) Cultural aspects of care
- C) Spiritual, religious, and existential aspects of care
- D) All of the above