

Payton Medlock

Patient Care

Lana Scherer

24 October 2020

### Patient History

For my chosen exam, I chose a trauma exam of the upper extremity. This patient was in a boxing accident and injured her left shoulder, left wrist, and her left hand. I asked some standardized questions that Lubbock Radiology requires to be asked, and these included questioning the patient about high blood pressure, asthma, history of smoking, heart or lung disease, history of cancer, and diabetes. I asked a couple of added questions to include more information for the doctor. I asked the patient what exactly happened in this accident, if she had limited range of motion, where the pain in each part of her arm is exactly hurting, if she has had any x-rays of those areas in the past, and if she had any surgeries on those areas in the past.

I chose the questions that I asked based on the exam she was having performed and because she was labeled as a trauma patient. My patient didn't have any history of high blood pressure, asthma, smoking, heart or lung disease, cancer, or diabetes. She had an extremely limited range of motion and could barely move her entire left arm. She had specific areas that hurt worse than other. I specifically asked this question because some patients have pain in areas that need to be included on the X-ray.

My next step was to relay the information to the Radiologist. I wrote the answers to every question asked in the notes section of the patients order. The notes are then scanned into the computer for the Radiologist to view. This information is key to the Radiologist because he never sees the patient. It is important for me to provide as much information as possible for him

to examine the patients' xrays fully. It is especially important that I included that the patients range of motion was extremely limited because then the Radiologist understands why, for example, the patient couldn't rotate her arm very far internally for her shoulder X-ray.

I don't think that there is any more information that I could have provided for the Radiologist. I was very confident in the taking of this patients' history and thought that there was very detailed information for the Radiologist. If I had not asked these questions, the Radiologist wouldn't know exactly what to focus on. For example, seeing the specific areas that were hurting the patient could help the Radiologist to focus on those spots and the surrounding areas around it. On a scale of 1 to 10, I would rate my overall patient history taking skills as an 8. I would rate them as an 8 because there are some exams that I complete and look back and think of a question I could have asked. For this specific exam, I would rate my skills as a 10. The techs specifically commented on how well I questioned my patients and gathered adequate information for the Radiologist.