

Mental Health Case: Andrew Davis

Guided Reflection Questions

Opening Questions

How did the simulated experience of Andrew Davis' case make you feel?

I was empathetic towards the patient because he developed family strain before he was able to get help.

Talk about what went well in the scenario.

I think I did well at identifying the different steps in the assessment, and providing the patient with an explanation of his disease process

Reflecting on Andrew Davis' case, were there any actions you would do differently? If so, what were these actions and why?

I would provide additional resources for after he is discharged, and have him speak with a community nurse, so that he is able to plan for life after discharge.

Scenario Analysis Questions*

PCC What issues have you identified that could be barriers to a successful treatment for Andrew Davis?

Andrew did not believe that he belonged in this facility, he was also going through withdrawal, so he was agitated.

How would you address the denial?

I explained the disease process and stated that the symptoms he exhibited displayed alcohol withdrawal.

PCC/I Identify a support group that would be beneficial to Andrew Davis related to his position in the community.

A church group that offers AA classes, so we can incorporate his faith into his plan of care.

PCC/I Identify support groups that would be beneficial to Andrew Davis' family.

A support group for family members with substance abuse disorder so that they can understand this a chronic disease and it will take the entire family working together to help with adherence.

S/PCC Andrew Davis is currently in Stage I of alcohol withdrawal. As he moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated?

I would assess the patient heart rate, blood pressure, and respirations frequently. I will also assess the patient for confusion by doing frequently LOC assessments, and reorienting the patient, as necessary.

Concluding Questions

How would you apply the skills and knowledge gained in the Andrew Davis case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

In an actual patient I would make sure to use therapeutic communication throughout my assessment. I would also do frequent assessment to build a relationship with the patient and plan for discharge by going over the severity of not adhering to the plan. However, I would still encourage the patient to celebrate small goals, and plan for long term achievements

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*