

Sierra Manhoff Simulation Reflection

Step 1:

While doing the simulation we were asked specifically what the medications were and why we were giving them. It happened after we got our position as the nurse. One student would give meds the other would answer questions about the patient. I was listening in through team meeting. The role I played was giving answers to questions about the patient and helping the other student with medications. The result was learning from one another.

Step 2:

At the beginning I was nervous because I wasn't really sure what to expect for online simulation. At the time I was thinking if I was going to be picked as the nurse and if I would get in trouble for not knowing something. The event made me feel better about where I'm at in my understanding of meds and nursing care. I felt better after the outcome. I ended up knowing and understanding more than I thought I would. My most important feeling was uncertainty because just because I am uncertain doesn't necessarily mean I don't know certain things. It is exciting to not know what to expect and then be able to tackle it.

Step 3:

The simulation made us think like real nurses. It gave us the opportunity to take control and be in charge. Even to make our own mistakes because that is what learning is. Thankfully it is a simulation and no patients die in simulation. I did well on explaining the why's and how I would handle situations. Others did well on walking through the meds and also deciding when to call the physician or pharmacy.

Step 4:

I can apply this situation to clinical. Instead of just giving the meds and knowing what is for I need to know why this patient is on it, is it too much or too little. Also going over their history for drug abuse that maybe the doctor could have missed. Not knowing the medication could hurt your patient. You could give them the wrong one, or not check their labs and give them something to decrease or increase their specific lab value and that can be very harmful.

Step 5:

I could have gone over the patient's charts more to really really get to know their history as well as what medications they are on and why. I think others could have done the same as well. I could have clarified myself better on why I was doing what because it helps problem solve/critical thinking. Patients change all the time and I need to be ready for it.

Step 6:

I think the simulation was a great learning experience. It helped me learn my strengths and weaknesses. Next time I would really look more in depth on the patient instead of focusing on my own discussion. I would make sure to take the time or make the time to find out all I can about my patient so I can help them reach their goals. Being able to understand medications and the patient's history is very important for their overall health and wellbeing. We want what

health care providers want and this is to see my patient get well and be able to have autonomy when it comes to their care.