

SICU Reflection Paper

Today I had my first Module 7 Clinical rotation at the SICU. It was a new environment for me and interestingly, I had heard many things about the ICU that I didn't actually experience today. For instance, ICU's are known to be constantly busy with the Nurse never being able to sit down and alarms always going off. However, today I had stable patients and it turned out to be a rather slow day. I did see my peers running around and having more stuff to do, so perhaps I was the exception for today. Nonetheless, it was still nice to be back in the hospital and interacting with patients. I had a sweet lady who had a Nephrectomy and needed minimal interventions so most of my care consisted of talking and keeping her company. She was delighted to talk about her life and her faith provided me a sense of optimism. Despite the amazing experience I had with her today, I do hope to be exposed to more patients and situations that better assist to further my skills. I was only able to perform a few tasks today such as, assessments, blood draws, administering medication, and blood sugars. Since Module 8 and graduation are around the corner, I have some doubts that I won't be knowledgeable or proficient enough to take care of a patient by myself. I haven't had much time with difficult patients or with developing my skills, so I truly want to get the most out of Clinicals. Overall, I aspire to gain more confidence in future rotations by having patients that require more interventions so I can have a greater understanding of Nursing Care.