

**Instructional Module 6  
Obstetrics Community Clinical Experience**

Community Site: Dr. Dorsett's Office

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

I observed an appointment with a woman who was trying to achieve pregnancy, but she had 3 very large fibroids in her uterus that were causing her to be infertile. I got to see the fibroids via ultrasound and saw how big their measurements were. I also got to sit in on a teaching session between the nurse and a new patient wanting to start In Vitro fertilization and it was very informative considering I myself do not know much about the whole process and all of the medications that they have to be put on. In addition, I got to participate in an appointment with a mother who had had her daughter 3 years ago with the In Vitro process, and she was back in today pregnant with her second baby from using Dr. Dorsett. Lastly, I assisted in an Intrauterine Insemination.

2. What was the best/most interesting part of the experience?

The best part of the experience was seeing all of the family Christmas cards on the walls from families who had had their children with the help of Dr. Dorsett. It was hard seeing the women who came in struggling with fertility, and it was obvious how desperate they wanted children, so it was fulfilling to see that reproductive medicine can actually work. In fact, one of the patients that we had today, who had PCOS, had her family Christmas card hanging on the wall with her, her husband, and her 3 year old daughter that she had from utilizing Dr. Dorsett and her team.

3. Is a community nursing position something that you would consider working in? Why or why not?

Community nursing is a position that I would consider working in later on in life. After I graduate, I want to be the best nurse I can be and work on all of the skills that we learn in nursing school, and I do not think that working at a clinic right after graduation would achieve that for me. On the other hand, I do eventually want to work at an 8-5 clinic as a RN when I have kids of my own and want a better schedule, and an office like Dr. Dorsett's would be one that I would consider.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

I 100% feel like this community site met the needs of the population they served, and it was evident by the amount of family Christmas cards on the wall. I think that the healthcare workers there

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genuinely care about their patients, and they have empathy for the tough situations that their infertile couples go through. They were encouraging, hopeful, and positive in a place that can be very gloomy and discouraging.

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

As I said before, I got to sit in on a teaching session between one the nurses and a patient who was in the process of starting In Vitro fertilization. The nurse went step by step through each medication, the calendar for the medications in relation to her cycle, and answered any and all questions that she had. As far as general teaching, I saw a lot of education about ovulation cycles and when the best time is to try to get pregnant. I do think that patient teaching at Dr. Dorsett's office was adequate because the women came in with a lot of questions, and each and every one of the employees were able to answer the questions and educate in general about the conditions, if any, that were causing their pregnancy issues.