

### Midterm Reflection

It has been multiple shifts worked on the Surgical ICU floor; I have really enjoyed it so far. On this unit, I have observed that they receive a variety of cases especially with ICU's turning into COVID units. I had the chance to review and perform different skills, with some that I had not done before such as chest tube removal, central line and radial art line removal, post mortem and post code care, OGT med administration, and discharge instructions, insert flexiseal, and other things I was able to observe . My preceptor, Laura has been a great help in my learning experience. She has challenged me to perform things new I have not done or independently and is always open answer many questions I asked her. With each patient we cared for, I was able to critically think and relay my response to her in terms of specific treatment the patient was getting, what to expect from it, and conclude thoughts on history and assessment of the patient. I am becoming more familiar with charting as she would allow me to chart routine and hourly rounding, while observing assessments, orders, or other particular things in the chart. I take into thought the organization and routine she preps for the shift and patient care. This is really helpful for me because I like to be organized in my school or work preparation and have a routine in what I do.

Completing my preceptorship on the SICU, I have viewed the tight bond the unit has, and I was really happy and appreciative to see the teamwork that they display. Anytime there was a new admit or a patient with complex care, the nurses would make time to go assist that nurse with particular patient with the care. Multiple times throughout the day, whether we were on our feet, sitting to document in the chart or hearing a teaching moment, the nurses would always ask "hey are you doing okay? Do you need help?". This is a gesture and component that every unit should uphold and one that I will most definitely include in my patient care and as a team member. Honestly, there was not much that I could negatively say

other than at times when I would check the patient's lines, I would catch some ports that did not have the swab caps but were applied by myself as I caught them. The surrounding nurses were very open to having me on the unit as a student allowing me to ask questions, observe a skill, or allow me to assist with it. This was very comforting and boosted my confidence to know that they were willing to let me be a part of their patients care and viewed that I am willing to learn or try anything in order to build my knowledge as I soon will be transitioning from a student to a novice nurse.