

Adult/Geriatric Critical Thinking Worksheet

Student Name: Maria Diaz

Unit: East 7

Pt. Initials: FM

Date: 10/18/2020

1. Disease Process & Brief Pathophysiology

Cellulitis: an acute inflammatory condition to the dermis and subcutaneous tissue usually caused by indigenous flora colonizing the skin and appendages, like *Staphylococcus aureus* (*S. aureus*) and *Streptococcus pyogenes* (*S. pyogenes*). It is characterized by localized pain, erythema, swelling and heat.

4. Diagnostic Tests pertinent or confirming of diagnosis

- Morphologic features of the lesion (P)
- Gram's stain
- Culture (P)
- X-ray (P)
- CT scan (P)
- MRI

2. Factors for the Development of the Disease/Acute Illness

- Chronic lymphedema resulting from elephantiasis (P)
- Milroy's disease (P)
- Lymph node dissection (P)
- Indigenous flora colonizing the skin (P)
- A foreign body entering the body

5. Lab Values that may be affected

- Gram- positive cocci
- Blood creatinine (P)
- Bicarbonate levels (P)
- Albumin (P)
- Calcium (P)

3. Signs and Symptoms

- Redness (P)
- Swelling (P)
- Severe pain (P)
- Drainage (P)
- Indurated, raised border (P)
- "peau d'orange" appearance

6. Current Treatment

- IV antibiotics (P)
- Percutaneous drainage (P)

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7. Focused Nursing Diagnosis:

Depression related to self-esteem.

8. Related to (r/t):

Loss of breast and change in image has resulted in lower self-esteem.

9. As evidenced by (aeb):

Patient verbalizes multiple changes in image as a result of breast cancer treatments. Such as shorter hair, body shape due to lack of breasts, and lack of motivation to apply feminine products.

11. Nursing Interventions related to the Nursing Diagnosis in #7:

1 .Regularly assess for depression. E/B Pt has history of depression and pts that have had double mastectomies are more likely to experience depression because of the loss of their feminine image.

Evidenced Based Practice:

2. Assist pt with morning routines that may help lift self-esteem such as brushing hair and applying minimal makeup. E/B getting a pt back into routines they may have had before their depression onset could help lift their spirits.

Evidenced Based Practice:

12. Patient Teaching:

1. Encourage pt to seek counseling or self help groups to help manage depression.
2. Teach pt about the harmful effects of negative self-talk.
3. Teac pt the importance of mental self care.

13. Discharge Planning/Community Resources:

1. Refer to support groups that specialize in breast cancer patients.
2. Community resource list for counseling.
3. Educate on getting a daily planner to set time aside for self care.

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10. Desired patient outcome:

The patient will understand ways they can return to their normal mental state by taking time for themselves to lift self-esteem by 10/14/2020.

3. Listen to pts concerns and thoughts that may be causing the depression. E/B pts that have someone to communicate with and to express fears to are more likely to seek counseling or professional assistance to learn coping techniques.

Evidenced Based Practice:

References

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