

Student Name: Marisol Espinosa

Date: 10/14/2020

### Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

0730, CHF Fluid overload, 110/85<sup>v</sup>, T 97.4, P 66, R 18, Pain 7, O<sub>2</sub> 93RA

Pt in semi Fowler's complains of discomfort in abdomen  
(mid abdominal - cramping)

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented x3, eyes open 3mm round equal  
reactive to light, both right and left. H&I W = equal and  
strong bilaterally, moves all extremities on command,  
speaks english

Comfort level: Pain rates at 7 (0-10 scale) Location: Mid abdomen

Psychological/Social (affect, interaction with family, friends, staff)

Cooperative and responsive, interacts w/staff appropriately

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) Sclera: yellow bilaterally, no drainage, ears: symmetrical

auditory canals w/o drainage, nasal septum midline, oral  
mucous pink, moist and intact

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

SOB, mildly congestion in lower lobes bilaterally, Resp rate - 20

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S<sup>1</sup> and S<sup>2</sup> irregular rhythm and rate, apical pulse 85, radial 65  
A Flutter / A Fib, radial and pedal pulses 3+ bounding

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### IM1 Patient Physical Assessment Narrative

**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Bowel habits/bowel sounds are normal and active x4  
Abdomen is soft, nontender, nondistended

\_\_\_\_\_ Last BM 10/14/2020 0500 brown and formed

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) Pt uses urinal, yellow and clear  
0700-1100 600ml

\_\_\_\_\_ Urine output (last 24 hrs) \_\_\_\_\_ LMP (if applicable) \_\_\_\_\_

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities) Moves all extremities w/o difficulty, walks ad lib w/o difficulty, gait steady

**Skin** (skin color, temp, texture, turgor, integrity)

Warm, dry, and intact, color appropriate to race

Pt has pitting edema - Right +3, left +2

Generalized edema

capillary refill <3

**Wounds/Dressings**

No wounds, lesions, or dressings.

**Other**

CHF w/ Atrial Flutter, weakness