

**vSim for Nursing | MENTAL HEALTH**

**Andrew Davis**

Adm On: 10/12/2020  
 Date of birth: 8/11/1964  
 Age: 56  
 Gender: Male  
 Diagnosis: Alcohol withdrawal syndrome



Basic View | Detailed View

- 00:00 You checked scene safety. It was correct to check scene safety in order to maintain your own safety.
- 00:28 You [washed your hands](#).
- 00:33 You [identified the patient](#).
- 01:28 You asked the patient: Can you tell me a little bit more about what's going on with you today? It was appropriate to ask the patient what was going on with him to get an understanding of this.
- 01:44 The patient said: I don't think I can keep this up anymore. Everything is falling apart!  
 You answered: Of all the concerns you have, which is the most upsetting to you? You used the therapeutic technique of focusing.
- 01:51 You asked the patient: Over the past year, when did you feel your best? It was appropriate to ask the patient about when he felt his best.
- 02:08 The patient said: I don't know. I have let down my congregation, my wife, and now the school board members. What should I do?  
 You answered: What do you think you should do? You used the therapeutic technique of reflecting.
- 02:40 The patient said: My heart is racing. Is that normal?  
 You answered: Yes, sometimes it's normal to have an elevated heart rate. I'll sit and stay with you for a while. You used the therapeutic technique of giving information and offering self.
- 02:42 You asked the patient: Do you have any pain? The patient said: Yes, I have some pain.

**Your main opportunities for improvement**

- ✖ You should have educated about substance abuse.
- ✖ The patient said: Ugh, it's so loud in here. I can't think straight with all this noise. You answered: What makes you say that? Are you hearing voices? You used the nontherapeutic technique of indicating the existence of an external source.
- ✖ The patient said: The thought of food makes me sick to my stomach. You answered: You should try to eat small frequent meals or protein shakes. You used the nontherapeutic technique of giving advice.

Retry

3 ✖ 0 ✖ 0 ✖

➔

**94%  
SCORE**

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Suggested Reading

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Pre-Simulation Quiz

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vSim

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Post-Simulation Quiz

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Documentation Assignments

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Guided Reflection Questions

### Post-Simulation Quiz

**Quiz Stats**

|       |                           |                     |           |
|-------|---------------------------|---------------------|-----------|
| Name: | Jonni Keith               | Quiz completed in:  | 1.21 mins |
| Date: | 2020-10-13 Time: 10:22:19 | Questions answered: | 10        |
|       |                           | Number correct:     | 10 (100%) |

**Answer Key**

**QUESTION 1:** A client with a blood alcohol level of 0.20 mg% is at a high risk for injur... [more](#)

**Your Response:** Correct!

**Correct Response:** Motor

**Explanation:** Alcohol is a central nervous system depressant that is absorbed rapidly i... [more](#)

Videbeck, S. Psychiatric-Mental Health Nursing, 8th Edition, p. 360