

Mental Health Case: Andrew Davis

Guided Reflection Questions

Opening Questions

How did the simulated experience of Andrew Davis' case make you feel?

- I thought this simulation was beneficial.

Talk about what went well in the scenario.

- I successfully cared for the patient and used the right therapeutic communication techniques.

Reflecting on Andrew Davis' case, were there any actions you would do differently? If so, what were these actions and why?

- I would have asked all of my assessment questions before giving him his medications. I struggled with finding all of the right buttons at first.

Scenario Analysis Questions*

PCC What issues have you identified that could be barriers to a successful treatment for Andrew Davis?

- He does not have a good support system because his wife and daughters are not talking to him. He also mentioned how he didn't think he drank too much and how he didn't think his drinking was a big deal.

How would you address the denial?

- I would explain to Mr. Davis what substance abuse is and the criteria for meeting this disorder. I would also explain to him that his withdrawal is what is causing his symptoms.

PCC/I Identify a support group that would be beneficial to Andrew Davis related to his position in the community.

- I would give him information about an AA group, either in person or online, that he could attend.

PCC/I Identify support groups that would be beneficial to Andrew Davis' family.

- His family could attend an Al-Anon Family Group meeting to help them understand what Mr. Davis is going through and how to help/support him.

S/PCC Andrew Davis is currently in Stage I of alcohol withdrawal. As he moves into Stage II (24 to 72 hours) and then into Stage III (after 72 hours), what behaviors should be assessed for and what safety measures should be initiated?

- As his alcohol withdrawal progresses, Mr. Davis is at risk for having hallucinations, an irregular heart rate, sweating, increased confusion and irritability, a fever, and possibly seizures. It is important as a nurse to implement seizure precautions for these patients. It is also important to continually assess Mr. Davis for hallucinations and disorientation.

Concluding Questions

How would you apply the skills and knowledge gained in the Andrew Davis case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

- After this simulation I have better confidence in my ability to care for a patient going through alcohol withdrawal. I would properly assess the patient, ask appropriate and relevant questions, and provide care to my patient without judgement.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*