

Student Name: mackenzie martin

Date: 10.10.20

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

10.7.20 - Admitting diagnosis is CVA & leg weakness
of (L) leg, restless (R) leg - Awake & oriented, no
acute distress

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert and oriented, (R) and (L) grips weak, responds
slowly to questions and seems withdrawn, has
trouble walking and moving around, power 3/5
in (L) extremities

Comfort level: Pain rates at 0 (0-10 scale) Location: N/A

Psychological/Social (affect, interaction with family, friends, staff)

no family present at bedside, follows simple commands,
facial expressions are flat, hard to understand,
doesn't talk much

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) white sclera, no drainage of EENT, can

swallow efficiently

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

no respiratory distress, chest symmetrical, normal (clear)
breath sounds, normal rate, rhythm and depth in
all lobes on inspiration and expiration

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

Heart rate 60 bpm, normal heart sounds, rate &
rhythm in radial, pedal and apical pulse, radial
and pedal pulses 2+ in (R) and (L), no edema,
no murmur present

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IM1 Patient Physical Assessment Narrative

Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to

palpation) Stool color light brown and watery, no distention of abdomen, bowel sounds active in all 4 quadrants, no tenderness to palpation

Last BM 10-7-20

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) N/A

Urine output (last 24 hrs) N/A LMP (if applicable) N/A

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)

Has trouble getting up and walking around independently, extremities warm to the touch & patient is able to move all of them, weakness of (L) leg and restlessness (R) leg

Skin (skin color, temp, texture, turgor, integrity)

skin color normal for race, warm to the touch, capillary refill 3 seconds, no skin turgor outside of normal limits, skin is intact

Wounds/Dressings

N/A

Other