

Adult/Geriatric Critical Thinking Worksheet

Student Name: Tracy Miller

Unit:

Pt. Initials:

Date: 10/7/2020

1. Disease Process & Brief Pathophysiology

ESRD occurs when the GFR is less than 15mL/min. At this point , renal replacement therapy such as dialysis is required to maintain life.

(Lewis, p1076)

2. Factors for the Development of the Disease/Acute Illness

- * leading cause (50%) diabetes (P)
- * Hypertension (255)
- * glomerulonephritis, cystic diseases, urologic diseases
- * Higher incidence in minority populations

(Lewis, p1076)

3. Signs and Symptoms

- fatigue,
- high blood pressure,
- loss of appetite,
- malaise,
- water-electrolyte imbalance, (P)
- Pulmonary edema, (P)
- decreased urin output (P)

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4. Diagnostic Tests pertinent or confirming of diagnosis

Creatinine clearance/24 hr urine

KUB x-ray

kidney ultrasound

History and Physical (p)

Renal CT scan

(Swearingen, p229)

5. Lab Values that may be affected

Creatinine

BUN

hgb (p)

Hct (p)

RBC (p)

CBC (p)

UA

6. Current Treatment

Dialysis (p)

Renal diet (p)

Pleurex drain (p)

7. Focused Nursing Diagnosis:

ineffective health management

8. Related to (r/t):

Patient not receiving Dialysis as ordered

11. Nursing Interventions related to the Nursing Diagnosis in #7:

1 .Assess the Pt.'s current level of knowledge about his Dialysis treatments

Evidenced Based Practice:

E/B This assessment helps ensure that information is selected and presented in a manner that is culturally and educationally appropriate

12. Patient Teaching:

1. Importance of Renal diet

2. Teach Pt home oxygen safety

3. Need for continued medical care

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9. As evidenced by (aeb):

Patient verbalized he had not completed dialysis for 1 week

(Swearingen, p232)

2. Discuss with Pt that insulin requirements often decrease as renal function decreases

Evidenced Based Practice:

E/B With Uremia, dietary consumption decreases which thereby decreases insulin requirements

10. Desired patient outcome:

Pt will be able to verbalize the importance of adhering to prescribed dialysis schedule and needed follow up medical care

3. Teach Pt the importance getting BP checked at frequent intervals

Evidenced Based Practice:

E/B Patients with fluid overload may experience hypertension. Control of hypertension may slow progression of chronic renal insufficiency.

13. Discharge Planning/Community Resources:

1. provide the Pt with list of community resources

2. Provide Pt with dialysis schedule and follow up Dr. appointments

3. Care and observation of dialysis CVAD