

Physical Assessment - Scenario #5: Stroke

GENERAL APPEARANCE: (include general mental status)

79-year-old who is awake, speech is slurred

VITALS

Temperature: 37.2° C (oral)

Blood Pressure: 158/98 (large cuff)

Heart Rate by radial pulse palpation: 110 with episodes of rate up to 220s

Respiration Rate: 26 with periods of apnea and shallow breathing

HEENT

Head: Configuration- normocephalic

Hair- coarse texture

Scalp- no lesions, tenderness

Eyes: Sclera- white: Conjunctiva- pink

Ears: External Ear- no lesions, masses, tenderness; Auditory Canal- normal

Nose: Color- pink, no discharge; Septum- midline

Throat and Mouth: Teeth, Tongue, and Gums and Mucosa: unable to assess

NECK

Active ROM: full flexion, extension, lateral rotation and tilting

Trachea: midline, mobile

No palpable lymph nodes

Carotid pulses: Right - 2+, Left - 1+

THORAX and BACK

Inspection: symmetrical expansion with respiration, no scars or striae; normal spinal curvature, no deformities

LUNGS

Auscultation: shallow breath sounds at intervals

O2 sat - 93% on 3 L per nasal cannula

HEART

Auscultation: heard in all 4 points, difficult to assess sounds due to tachycardia

ABDOMEN

Inspection: flat, no scars, no striae

Auscultation: normoactive bowel sounds x4, no bruits

Palpation: no tenderness, masses, guarding

EXTREMITIES

Upper

Unable to move the left arm, able to move right arm, foot, and wiggle toes

Radial pulses: 2+ bilaterally and equal

Lower

Unable to move the left leg, foot, or toes

Pedal pulses: R: 1+, L: unable to palpate, obtained via Doppler - 118

SKIN

Warm, dry and intact, no lesions, normal color for race

NEUROLOGIC

Mental Status: Eyes open, slurred speech

Pupils - R: reactive to light, equal, round, and 3 mm; L: round, non-reactive to light, dilated

III, IV, VI: EOM - unable to assess

V: light touch face- decreased sensation on the left side of the face

VII: Wrinkle forehead - unable to perform; R eye: closes, L eye - closes partially, eyelid droops; show teeth- abnormal, smile is asymmetrical - left side does not move

VIII: Hearing - able to hear by rough testing

X: Cough - unable to follow instructions

XI: Shrug shoulders - left shoulder does not move, cannot move left arm

XII: Protrude tongue - unable to move tongue

COORDINATION

Not checked