

Stephanie Sanchez

10/06/20

Claire

1. How did you feel throughout the time that you were watching the video?

I felt hopeful for her, but I knew what her reality was if she chose against transplant.

2. Give a description of Claire's condition and identify the main problems that you identified?

Claire suffered from CF. Her secretions and cough and some shortness of breath were noticed. She was also very thin and pale.

3. Based on your observations, what were her clinical manifestations and how would you explain these clinical manifestations?

She was on Oxygen continuously, you could hear the thick secretions, productive cough, she was thin and pale.

Increased production of thick mucus in the bronchioles. The viscosity of the secretions obstructs small passageways of the organs and interferes with normal pulmonary and digestive functioning. These sticky secretions serve as a medium for bacterial growth, chronic hypoxemia, and lead to PH.

4. What specific nursing interventions would you want to take into consideration to provide for this patient's unique care needs?

Auscultate breath sounds before and after treatments, encourage coughing and deep breathing, PT/OT as tolerated. Administer prescribed abx and bronchodilators. Provide a high calorie, high protein diet and snacks.

5. What other members of the care team should you consider important to achieving good care outcomes?

Respiratory, PT/OT, social services for family needs.

6. What financial challenges did this family face because of Claire's condition?

They were unable to work due to all the hospital admissions and when she was old enough, she was left alone in the hospital while the parents worked full time to stay afloat. They had no choice, but to work.

7. What did you learn from this experience?

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I learned just as she said. "Death is inevitable, living a life are you proud of is something you can control". Our ability to breathe and our health is taken for granted every second of every day.

8. How will you apply what you learned by watching this video to your clinical practice?

She states she was meant to teach people to "dignify people who are sick". That really stood out to me. I feel that statement is very important. We must show dignity and respect to all our patients. Just because they are sick does not mean they are less than or feel less than "healthy" people or want to be spoken or treated any differently. We as nurses need to be mindful of the tone or face expressions we have when entering a patient's room. The attitude or feelings we portray on the outside may be hurtful to the patient and/or family.

9. Are there other significant words that Claire or her mother shared that impacted or inspired you?

She was most inspiring because she still was so selfless in wanting the lung transplant. Ultimately, she chose to move forward so she could continue working for her foundation to help other families in need.

10. Is there anything else you would like to include in your reflection of this experience?

I do believe she has made a huge impact on other children who suffer from any sickness or disease. She was and still will be someone to look up to for these sick children when they feel alone and helpless. Not only for the sick, but for the healthy that are taking precious moments for granted every day.