

Out of Class Assignment: Introduction to Patient Education

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1. Patient education is partially dependent on this type of communication.

Answer: interpersonal communication

2. List 2 reasons why feedback from the learner is important.

Answer: indication of the effectiveness of instructions

Answer: need for modifications as needed

3. Fill in the blank

Effective communication is _____pivotal_____ to patient education.

4. Fill in the blank

Every minute with a patient may be a teachable _____ moment.

5. These 3 terms describe the type of information that healthcare providers should offer to patients.

Answer: simple, clear and in plain language

6. Education about health behavior that promotes maintenance and promotion of health and illness prevention has at least 3 results

Answer: decreases hardships on pt and families

Answer: allows pt to assume more responsibilities for their own health

Answer: reduces health care cost

7. Write 2-3 sentences describing a patient's rights to information and why it is important.

Answer: Patient's rights to know information is important because it can help them make a decision for treatment. The pt should know everything about what is going on with him/her.

8. List one nursing resource and one non-nursing resource that define standards for

nurses and patient education.

Answer: american Nurses association

Answer: nurse practice act

9. List an example of coping with impaired functioning that a nurse might teach to a patient.

Answer: administrating own insulin

10. List 3 teaching goals, one of which is the ultimate goal of teaching.

Answer: improve quality

Answer: reduce health care cost

Answer: shorten length of stay

11. State the purpose of utilizing a learning theory when educating individuals

Answer: helps guide instructional strategies

11. Behavioral learning has its roots in which profession?

Answer: psychology

12. List the 5 rights of teaching

Answer: time and timing

Answer: environment

Answer: goal

Answer: content

Answer: method

13. For Time and Timing, the learner should be free of these.

Answer: pain

Answer: anxiety

14. This is a description of the type of goal that is set to help involve the patient in their education.

Answer: mutual

15. With Environment, the desired effect determines which type of actions are utilized – these are:

Answer: soothing

Answer: stimulating

Last: Last: Access the internet and provide one reputable source of healthcare information for a patient.

Answer: cdc.gov