

# Out of Class Assignment: Introduction to Patient Education

Student Name: Nikaele McCoy

1. Patient education is partially dependent on this type of communication.

Answer: Interpersonal

2. List 2 reasons why feedback from the learner is important.

Answer: Need for modification if needed

Answer: Ensure effectiveness of instructions

3. Fill in the blank

Effective communication is pivotal to patient education.

4. Fill in the blank

Every minute with a patient may be a teachable moment.

5. These 3 terms describe the type of information that healthcare providers should offer to patients.

Answer: Simple, Clear, Plain Language

6. Education about health behavior that promotes maintenance and promotion of health

and illness prevention has at least 3 results

Answer: Helps to ease the hardships on the patient and their family

Answer: Gives patient opportunity to be more responsible for their health

Answer: Reduces the cost of healthcare for the patient

7. Write 2-3 sentences describing a patient's rights to information and why it is important.

Answer: A patient's rights are the right for a patient to know and understand the healthcare that is appropriate for them. It also includes the patient being able to understand different alternatives to treatment options and resources available to the patient as well. This is very important for the patient to know their options and be able to understand them to be able to make a well education decision in regard to their health and the decision they decide to make.

8. List one nursing resource and one non-nursing resource that define standards for

nurses and patient education.

Answer: American Nurses Association

Answer: Joint Commission

9. List an example of coping with impaired functioning that a nurse might teach to a

patient.

Answer: Teaching patient how to administer their insulin

10. List 3 teaching goals, one of which is the ultimate goal of teaching.

Answer: Changing patient's behavior to improve overall outcome

Answer: Improve quality of care

Answer: Shorten length of hospital stays and readmissions

11. State the purpose of utilizing a learning theory when educating individuals

Answer: The use of theories help promote motivation and learning.

Patient's can focus on how they learn and help guide instructional strategies.

11. Behavioral learning has its roots in which profession?

Answer: Psychology

12. List the 5 rights of teaching

Answer: Time/Timing

Answer: Environment

Answer: Goal

Answer: Content

Answer: Method

13. For Time and Timing, the learner should be free of these.

Answer: Pain

Answer: Anxiety

14. This is a description of the type of goal that is set to help involve the patient in their education.

Answer: Humanism

15. With Environment, the desired effect determines which type of actions are utilized -

these are:

Answer: Soothing

Answer: Stimulating

Last: Last: Access the internet and provide one reputable source of healthcare information for a patient.

Answer: Centers for Disease Control and Prevention website (CDC)

<https://www.cdc.gov/chronicdisease/center/news-media/archives/publications.htm>