

Out of Class Assignment: Introduction to Patient Education

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1. Patient education is partially dependent on this type of communication.

Answer: interpersonal

2. List 2 reasons why feedback from the learner is important.

Answer: indication of the effectiveness of instruction

Answer: need for modifications as needed

3. Fill in the blank

Effective communication is pivotal to patient education.

4. Fill in the blank

Every minute with a patient may be a teachable moment.

5. These 3 terms describe the type of information that healthcare providers should offer to patients.

Answer: simple, clear, and plain

6. Education about health behavior that promotes maintenance and promotion of health

and illness prevention has at least 3 results

Answer: decrease hardships on patients and families

Answer: allows patients to assume more responsibility for their own health

Answer: reduces health care costs

7. Write 2-3 sentences describing a patient's rights to information and why it is important.

Answer: Patients cannot be expected to make appropriate health decisions without understanding the information that is necessary to do so. It is the responsibility of healthcare providers to present the information to the patient in the most simple way possible, while also ensuring that the patient has understood the given information.

8. List one nursing resource and one non-nursing resource that define standards for

nurses and patient education.

Answer: American Nurses Association

Answer: Joint Commission

9. List an example of coping with impaired functioning that a nurse might teach to a

patient.

Answer: Teach a patient how to administer their own insulin

10. List 3 teaching goals, one of which is the ultimate goal of teaching.

Answer: Improve quality of care

Answer: Shorten length of stay/prevent readmissions

Answer: Change behaviors to improve patient outcomes

11. State the purpose of utilizing a learning theory when educating individuals

Answer: Facilitate effective learning by the patient

11. Behavioral learning has its roots in which profession?

Answer: Psychology

12. List the 5 rights of teaching

Answer: Time and Timing

Answer: Environment

Answer: Goal

Answer: Content

Answer: Method

13. For Time and Timing, the learner should be free of these.

Answer: Pain

Answer: Anxiety

14. This is a description of the type of goal that is set to help involve the patient in their education.

Answer: Mutual

15. With Environment, the desired effect determines which type of actions are utilized -

these are:

Answer: Soothing

Answer: Stimulating

Last: Last: Access the internet and provide one reputable source of healthcare information for a patient.

Answer: <https://www.mayoclinic.org/>