

Out of Class Assignment: Introduction to Patient Education

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1. Patient education is partially dependent on this type of communication.
Answer: Interpersonal
2. List 2 reasons why feedback from the learner is important.
Answer: Indication of the effectiveness of instruction
Answer: Need for modification (as needed)
3. Fill in the blank
Effective communication is pivotal to patient education.
4. Fill in the blank
Every minute with a patient may be a teachable moment.
5. These 3 terms describe the type of information that healthcare providers should offer to patients.
Answer: Simple, clear, and plain information
6. Education about health behavior that promotes maintenance and promotion of health and illness prevention has at least 3 results
Answer: Decreases hardships on patients and families.
Answer: Allows patient and families to assume more responsibilities of their health
Answer: Reduces health care costs
7. Write 2-3 sentences describing a patient's rights to information and why it is important.
Answer: Patients must know all of the facts before they are required to make any decisions. Patients have the right to learn and understand the available care and why it is being discussed as an option. If or when a patient does not understand, they might not be able to make the safe or correct decision for themselves, family, or family member.
8. List one nursing resource and one non-nursing resource that define standards for nurses and patient education.
Answer: American Nurses Association
Answer: Joint Commission
9. List an example of coping with impaired functioning that a nurse might teach to a patient.

Answer: _____ An example of teaching a patient how to cope with an impaired function, could be when a nurse must teach a patient how to use axilla crutches. The nurse is able to show the patient how they are still able to walk; however, the process is different than how the patient is used to walking in order to keep the patient safe. The nurse must be willing to educate the patient how to safely walk, as well as, educate the family on how the crutches should be measure, why they are set in a certain way, etc.

10. List 3 teaching goals, one of which is the ultimate goal of teaching.

Answer: _____ Improve the quality of care for a patient.

Answer: _____ Reduce the cost of a procedure, medication, etc. for the patient or family.

Answer: _____ Education must be used to change the behaviors in order to improve patient outcomes.

11. State the purpose of utilizing a learning theory when educating individuals

Answer: The patient will be more likely to understand the information if the nurse is willing to teach to the patients or families learning style. Patients will also be more responsive if they feel as if the nurse is tailoring the information to them specifically, instead of handing them a pamphlet and not truly educating them.

11. Behavioral learning has its roots in which profession?

Answer: _____ Psychology

12. List the 5 rights of teaching

Answer: _____ Time and Timing

Answer: Environment

Answer: _____ Goal

Answer: _____ Content

Answer: _____ Method

13. For Time and Timing, the learner should be free of these.

Answer: _____ Pain

Answer: _____ Anxiety

14. This is a description of the type of goal that is set to help involve the patient in their education.

Answer: _____ Goal

15. With Environment, the desired effect determines which type of actions are utilized -

these are:

Answer: Soothing

Answer: _____ Stimulating

Last: Access the internet and provide one reputable source of healthcare information for a patient.

Answer: <https://www.bmc.org/orthopedic-surgery/resources>

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<https://www.bmc.org/orthopedic-surgery/resources>