

IM6 PMH: vSim for David Carter Part 1_Schizophrenia

Learning Objectives:

- ❖ Identify the psychopathology of mental health disorders
- ❖ Assess contributory factors affecting care, including but not limited to psychosocial, cultural, spiritual, environmental, and socioeconomic factors
- ❖ Establish a therapeutic milieu that engages psychiatric patients and their families
- ❖ Identify the indications, therapeutic effects, side effects, and teaching implications of drugs used to treat the symptoms of mental health disorders
- ❖ Provide a safe environment for both patients and staff
- ❖ Recognize communication patterns and use therapeutic communication techniques that illustrate caring for the patient's overall well-being
- ❖ Apply the nursing process to prioritize the plan of care
- ❖ Communicate appropriately with the therapeutic team in a timely, organized, collaborative, and patient-specific manner

Scenario-Specific:

- ❖ Complete a focused mental health assessment
- ❖ Assess the patient for delusions and hallucinations
- ❖ Differentiate between the positive and negative symptoms of schizophrenia
- ❖ Use therapeutic communication techniques with a patient who is experiencing delusions and hallucinations
- ❖ Provide for the patient's and the nurse's safety

Pre-briefing:

Scenario Overview:

Patient: David Carter

Diagnosis: Schizophrenia

Brief Summary:

David Carter is a 28-year-old male with a 10-year history of schizophrenia who lives with his mother and works as a grocery clerk. Onset of schizophrenia was while David was in high school, with progressive social isolation and difficulties with school and work. His first psychiatric hospitalization was at the age of 22 years, when he presented with auditory hallucinations and paranoid delusions. He has been hospitalized twice since then and tried various medications. His current medications include olanzapine 10 mg and extended-release (XR) venlafaxine 75 mg daily, but he recently has stopped taking his medications because he has put on weight since he was shifted to the current medications about 1 year ago.

His mother called the police earlier today after he became violent with her, and the police brought him to the hospital. In the hospital, he has vacillated between being withdrawn and agitated, believing that other people can hear his thoughts and that the hospital food is poisoned. His speech is disorganized and expresses themes of generalized paranoia. It is difficult to carry on a conversation with him.

Students should complete a focused mental status assessment, assess the patient's thought processes, paying special attention to the delusions and hallucinations, orient the patient to reality, monitor nutritional status, and maintain a safe environment for the patient and the nurses.

Time Allotment	
1.50 hours	Reviewing the Suggested Reading found in the v-Sim scenario.
0.25 hours	Complete the Pre-Quiz
3.00 hours	Complete the Scenario (calculated at 2:1 time and with 3 attempts to achieve a score of 80)
0.25 hours	Complete the Post-Quiz (must achieve a score of 100)
0.50 hours	Complete the Medication Sheet
1.50 hours	Complete the Critical Thinking Worksheet
1.00 hours	Complete the Guided Reflection Questions