

## IM 6 Maternal Newborn & PMH Assignments

**All HESI Case Studies and Clinical Skill Due @ 0700 Monday of the following week with a score of at least 80**

<b>Grading:</b> Activity list below includes graded and non-graded activities. <ul style="list-style-type: none"> <li>• All non-graded activities are to be completed and are designed to assist the student in the mastery of material</li> <li>• To earn credit, the student must earn a minimum of 80%</li> <li>• Progression to next module requires completion of all assigned work</li> <li>• Refer to Attendance Policy in Student Handbook regarding any missing or uncompleted assignments resulting in an absence with academic penalty</li> </ul>				
Weekly Topics and Required Reading		Required HESI Clinical Skills	Required HESI Case Studies	Questions per Lecture
<b>WEEK 1</b>	<b>Current Theories &amp; Practice / Abuse &amp; Neglect / Ellis - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 2: pp. 10-18; Ch. 3: pp. 20-25 &amp; 29-31; Ch. 5: pp. 52-56; Ch. 6: pp. 62-64 &amp; 67-69</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 264-266</li> </ul>	<b>Current Theories/Abuse &amp; Neglect Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Abuse &amp; Neglect of Older Adults</li> <li>• Elopement</li> </ul>		14
	<b>Psychopharmacology / Powers -Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 4: pp. 34-49</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: Tables 7.4, 7.5, &amp; 7.6</li> </ul>	<b>Psychopharmacology Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Psychiatric Medications; Recognizing Adverse Effects</li> </ul>		12
	<b>Nurse Patient Relationship / Powers - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 7: pp. 77-82; Ch. 8: pp. 91-103; Ch. 9: pp. 105-117</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 263 "Therapeutic Communication"</li> </ul>	<b>Nurse Patient Relationship Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Therapeutic Communication</li> </ul>		9
	<b>Schizophrenia / Ellis - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 17: pp. 244, 247-251, 256-257 &amp; 263-268</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 280-284</li> </ul>	<b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia &amp; Psychosis</li> </ul>	<b>Schizophrenia Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Schizophrenia</li> </ul>	15
	<b>Substance Use Disorder / Powers - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 19, Substance-Related and Addictive Disorders: pp. 297, 303-308, 311-314 &amp; 316-319.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 282-286.</li> </ul>	<b>Substance Use Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Addiction, Chemical Dependency &amp; Withdrawal</li> </ul>	<b>Substance Use Disorder Mental Health Collection</b> <ul style="list-style-type: none"> <li>• Alcoholism</li> </ul>	15

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<b>WEEK 2</b>	<p><b>Antepartum Nursing / Neel - Required Reading:</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 6, Maternal Adaptation to Pregnancy pp. 100-126, Ch. 7, Antepartum Assessment, Care and Education pp. 127-153, Ch. 8, Nutrition for Childbearing pgs. 154-170, Ch. 11, The Childbearing Family with Special Needs pp. 271-277 Ch. 15, Nursing Procedure 15.1 Leopold's Maneuvers pp.383-384</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6. Antepartum Nursing Care: Activities during First &amp; Subsequent Prenatal Visits pp. 247-249, and Nutrition pp. 250, Ch. 6. Antepartum Nursing Care: Psychosocial Responses to Pregnancy pp 247</li> </ul>	<p><b>Antepartum Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Admission Assessment: Obstetric Patient</li> <li>• Leopold's Maneuvers</li> </ul>		11
	<p><b>Electronic Fetal monitoring / Neel - Required Reading:</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 14 Intrapartum Fetal Surveillance pp. 347-371</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6 Electronic Fetal Monitoring pp 253-258</li> </ul>	<p><b>Electronic Fetal Monitoring Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Fetal Heart Rate: Interpretation</li> </ul>		7
	<p><b>Antepartum Testing / Gurley - Required Reading:</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 7: Antepartum Assessment, Care and Education pg. 132-table 7.1; pg. 133-table 7.2; pg. 135-Ultrasonic screening, Glucose screening and Isoimmunization; Chapter 9: Assessing the Fetus pgs. 178-198.</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. Chapter 6: Maternity Nursing pgs. 207-208; Item F. Obtain Laboratory Data; Chapter 6: Maternity Nursing pgs. 210-211: Fetal and Maternal Assessment Techniques-Ultrasonography, Chorionic Villi Sampling (CVS) and Amniocentesis; Chapter 6: Maternity Nursing pgs. 214-216: Additional Antepartum Tests-Nonstress test, Contraction stress test, Biophysical profile. Appendix-Common Laboratory Tests</li> </ul>	<p><b>Antepartum Testing Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Biophysical Profile</li> </ul>		5

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<b>WEEK 3</b>	<p><b>Intrapartum Nursing/ Gurley - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 12- Processes of Birth; Chapter 13- Pain Management During Childbirth; Chapter 15-Nursing Care During Labor and Birth</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6, pgs. 216-226</li> </ul>	<p><b>Intrapartum Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>Artificial Rupture of Membranes</li> <li>Epidural Catheter Insertion</li> <li>Laboring Patients: Nursing Care</li> <li>Oxytocin</li> <li>Rho (D) Immune Globin</li> <li>Vaginal Delivery</li> </ul>		25
	<p><b>Postpartum Nursing/Neel - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 11 Adolescent Pregnancy pp. 271-277, Adoption pp. 291-292 and Postpartum Depression pgs. 292-295, Ch. 17 Postpartum Adaptation and Nursing Care pp.458-493, Ch. 18 Postpartum Maternal Complications pp. 495-515, Ch. 22 Breastfeeding pp. 609-627</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6. Antepartum Nursing Care: Normal Postpartum pp. 272-279</li> </ul>	<p><b>Postpartum Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>Assessment: Postpartum Patient</li> <li>Breastfeeding Education</li> <li>Cesarean Delivery: Recovery Care</li> </ul>	<p><b>Postpartum</b></p> <ul style="list-style-type: none"> <li>Postpartum</li> </ul>	17
<b>WEEK 4</b>	<p><b>Mood Disorders / Ellis - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 15; p. 196-222; Ch. 16: p. 223-242; Ch. 23: pp. 243-271</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 277-280</li> </ul>	<p><b>Mood Disorders Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Bipolar Disorder</li> <li>Depression</li> <li>Electroconvulsive Therapy</li> </ul>	<p><b>Mood Disorders Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Depression</li> </ul>	20
	<p><b>Personality Disorders / Powers - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch.13: pp. 166-178</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 274-275</li> </ul>	<p><b>Personality Disorders Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Borderline Personality Disorder</li> </ul>		9
	<p><b>Psychiatric Emergencies / Ellis - Required Reading:</b></p> <ul style="list-style-type: none"> <li>Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 20: p. 326-327; Ch. 21: p. 335, 338-341, ; Ch. 24: p. 378-381; Ch. 25: p. 385, 389-391 &amp; 399</li> <li>HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 3: p. 69 (Death and Grief) Ch. 7: p. 324-325 (Crisis intervention); p. 354-355 (Abuse); p. 370 (Loss)</li> </ul>	<p><b>Psychiatric Emergencies Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Agitation &amp; Disturbed Behaviors Prevention</li> <li>Anxiety</li> </ul>	<p><b>Psychiatric Emergencies Mental Health Collection</b></p> <ul style="list-style-type: none"> <li>Psychosis</li> <li>Obsessive -Compulsive Disorder</li> </ul>	15

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<b>WEEK 5</b>	<b>Somatic Symptoms Disorders / Powers - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 12: pp. 152-165</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 272-273; "Somatic Symptom Disorder &amp; Related Disorders"</li> </ul>			5
	<b>Anxiety &amp; Stress Disorders / Powers - Required Reading:</b> <ul style="list-style-type: none"> <li>• Varcarolis, E. M. (2017). Essentials of psychiatric mental health nursing (3rd ed.): Ch. 10 pp. 120-127 &amp; Ch. 11 pp. 130-149</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 7: pp. 267-268</li> <li>•</li> </ul>			16
<b>WEEK 6</b>	<b>Pregnancy at Risk / Gurley - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 10 Complications of Pregnancy; Ch. 16 Intrapartum Complications</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6 Maternity Nursing: High-Risk Disorders Pgs. 240-253</li> </ul>	<b>Pregnancy at Risk Maternal Newborn Collection</b> <ul style="list-style-type: none"> <li>• Deep Tendon Reflexes</li> <li>• Precipitous Delivery</li> <li>• Prolapsed Cord</li> <li>• Shoulder Dystocia</li> </ul>	<b>Pregnancy at Risk</b> <ul style="list-style-type: none"> <li>• Ectopic Pregnancy</li> <li>• Gestational Diabetes</li> <li>• Preeclampsia</li> </ul>	26
<b>WEEK 6</b>	<b>Reproduction &amp; Contraception / Neel - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Ch.3 Reproductive Anatomy and Physiology pp.45-59, Ch. 25 Family Planning pp. 693-716</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6<sup>th</sup> Ed.) Ch. 6 Maternity Nursing - The Menstrual Cycle pp. 241-243 and Table 6-10 Contraception Methods pp. 279-280</li> </ul>			8
	<b>Conception, Infertility &amp; Fetal Development / Gurley - Required Reading:</b> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 pgs. 34-36 Ethics and Bioethics; Ch. 5 Conception and Fetal Development; Ch. 26 Infertility</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.): Ch. 6 Maternity Nursing Fertilization pgs. 201-203 and Maternal Physiologic Changes during Pregnancy pgs. 203-206</li> </ul>			5

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<p><b>Women's Health / Neel - Required Reading:</b></p> <ul style="list-style-type: none"> <li>• Murray, S., Mckinney, E., Holub, K., &amp; Jones, R. (2019). Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.): Ch. 2 Intimate Partner Violence and Human Trafficking sections pp. 29-34, Ch. 27 Women's Health pp 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774</li> <li>• HESI Comprehensive Review for the NCLEX-RN Examination (6<sup>th</sup> ed.): Ch. Ch.3 Advanced clinical concepts section on HIV pp. 59-64, Ch. 4 Medical Surgical Nursing section on Women's Reproductive System pp. 177-180, and STD's pp 183-184.</li> </ul>	<p><b>Women's Health Maternal Newborn Collection</b></p> <ul style="list-style-type: none"> <li>• Dilatation &amp; Curettage</li> </ul> <p><b>Emergency Collection</b></p> <ul style="list-style-type: none"> <li>• Sexual Assault Exam</li> </ul>	<p><b>Women's Health Community Health Collection</b></p> <ul style="list-style-type: none"> <li>• Herpes Simplex</li> </ul>	26
<p><b>Additional Assignments</b></p> <ol style="list-style-type: none"> <li>1. AA Meeting with Reflective Journal submitted to Dropbox due on for Block One on 10/22 @ 0700 and for Block Two on 11/12 @ 0700.</li> <li>2. PMH Patient Teaching Brochure due to Mr. Ellis the Thursday before the week in which you present at 0700.</li> <li>3. OB Presentation upload to LMS drop box for Block one due on 10/19 @ 0700 for Block two on 11/2 @ 0700.</li> <li>4. PMH HESI Practice Exam and Quiz due by Monday 11/2 at 0700.</li> <li>5. Maternal Newborn Practice Exam and Quiz due 11/16 at 0700.</li> <li>6. All Clinical paperwork is due on the Thursday after the clinical activity at 1700</li> <li>7. All PMH &amp; OB Module paperwork including the <b>original signed community verification form</b> for any community clinical site must be received by 11/12 at 1700 before you will be allowed to progress to IM7.</li> </ol>			