

## Mental Health Case: Sharon Cole

### Guided Reflection Questions

#### Opening Questions

How did the simulated experience of Sharon Cole's case make you feel?

Talk about what went well in the scenario.

Reflecting on Sharon Cole's case, were there any actions you would do differently? If so, what were these actions and why?

#### Scenario Analysis Questions\*

**PCC** What issues have you identified that could be barriers to a successful treatment for Sharon Cole?

How would you address the manic state?

**PCC/I** Identify a support group that would be beneficial to Sharon Cole's husband.

**PCC/S** What action should be initiated due to Sandra Cole's medication regimen?

#### Concluding Questions

How would you apply the skills and knowledge gained in the Sandra Cole case to an actual patient situation in different acute care units (emergency room, intensive care unit, obstetrics unit, etc.)?

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\* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>