

IM6 PMH: vSim for Andrew Davis_Alcohol Withdrawal

Learning Objectives:

- ❖ Identify the psychopathology of mental health disorders
- ❖ Assess contributory factors affecting care, including but not limited to psychosocial, cultural, spiritual, environmental, and socioeconomic factors
- ❖ Establish a therapeutic milieu that engages psychiatric patients and their families
- ❖ Identify the indications, therapeutic effects, side effects, and teaching implications of drugs used to treat the symptoms of mental health disorders
- ❖ Provide a safe environment for both patients and staff
- ❖ Recognize communication patterns and use therapeutic communication techniques that illustrate caring for the patient's overall well-being
- ❖ Apply the nursing process to prioritize the plan of care
- ❖ Communicate appropriately with the therapeutic team in a timely, organized, collaborative, and patient-specific manner.

Scenario Specific Learning Objectives:

- ❖ Assess for physical symptoms of alcohol withdrawal
- ❖ Provide interventions to address physical symptoms of alcohol withdrawal
- ❖ Use therapeutic communication techniques to support the patient during alcohol withdrawal
- ❖ Examine personal thoughts, feelings, and biases related to alcohol use disorder

Pre-briefing: Scenario Overview:

Scenario Overview

Patient: Andrew Davis

Diagnosis: Alcohol withdrawal

Brief Summary:

Andrew Davis is a 56-year-old male experiencing alcohol withdrawal. He voluntarily admitted himself to an inpatient rehabilitation facility yesterday afternoon after his wife asked him to leave the house following an angry public outburst. He has been in the acute detoxification unit for 16 hours. Now estranged from most of his family, with the exception of his son, the patient has a 20-year history of alcohol use and admits to drinking a pint of vodka a day for the past 5 years.

On admission, the patient was regretful and embarrassed. Physical symptoms of withdrawal have been assessed every 4 hours since admission using the Clinical Institute Withdrawal Assessment for Alcohol scale, as revised (CIWA-Ar). On admission, the patient's score on this scale was 1. At 04:00 this had increased to 7, and the provider has written an order for diazepam as needed for a CIWA score greater than 8.

During simulation, the students will be expected to reassess physical symptoms of withdrawal using the CIWA-Ar assessment scale. Students will also be expected to administer as-needed medications based on the CIWA score, which has now increased to 20, and to use therapeutic communication and motivational interviewing to support the patient during withdrawal.

Time Allotment	
1.50 hours	Reviewing the Suggested Reading found in the v-Sim scenario.
0.25 hours	Complete the Pre-Quiz
3.00 hours	Complete the Scenario (calculated at 2:1 time and with 3 attempts to achieve a score of 80)
0.25 hours	Complete the Post-Quiz (must achieve a score of 100)
0.50 hours	Complete the Medication Sheet
1.50 hours	Complete the Critical Thinking Worksheet
1.00 hours	Complete the Guided Reflection Questions