

## Mental Health Case: Linda Waterfall

### Guided Reflection Questions

#### Opening Questions

How did the simulated experience of Linda Waterfall's case make you feel?

Talk about what went well in the scenario.

Reflecting on Linda Waterfall's case, were there any actions you would do differently? If so, what were these actions and why?

#### Scenario Analysis Questions\*

**PCC** What priority problem(s) did you identify for Linda Waterfall?

If the nurse did not recognize or respond appropriately to Linda's concerns, what could the ramifications be?

**PCC/I** Discuss the importance of a medication bundle for Native Americans.

**T&C** What other individuals in addition to the primary care team should be involved in Linda Waterfall's case?

**PCC** In Linda Waterfall's situation, what therapeutic communication techniques would be most effective?

#### Concluding Questions

Describe how you would apply the knowledge and skills that you obtained in Linda Waterfall's case to an actual patient care situation.

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\* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>