

OB Simulation Lab Instructions

Welcome to OB simulation. The simulation environment is a “safe harbor” where students can perform patient care that would not normally be allowed in the hospital setting with actual patients. As much as possible, it is designed to be a “real” clinical experience. Therefore, it is considered clinical time and all policies apply in Sim lab just as they do in any other clinical setting.

The following guidelines will hopefully assist you in having a good learning experience:

1. Simulation times are Tuesday, and Wednesday 0800 – 1400
2. Wear your student uniform
3. Review the following section in your Foundations of Maternal-Newborn and Women's Health Nursing textbook
 - a. Induction of labor, cervical ripening, and labor augmentation pgs. 404-410
 - b. Diabetes and pregnancy pgs. 232-242
 - c. Pregnancy induced hypertension pgs. 215-228
4. Complete Case Studies question prior to OB simulation and be prepared to discuss.
 - a. Induction or Labor
 - b. Diabetes in Pregnancy
 - c. Pregnancy Induced Hypertension (PIH)
5. Complete the Maternal and Newborn Medication work sheets for the common medications you might encounter in your scenario
6. Review the Critical Thinking Worksheet - (OB-Simulation) and OB Simulation Evaluation Tool prior to OB Simulation as these forms will be used each scenario
7. Bring the following with you to OB Sim
 - a. Completed Case Studies
 - b. Maternal –Newborn Nursing textbook – for prep of your scenarios
 - c. One (1) copies of the Critical Thinking Worksheet- (OB-Simulation)
 - d. One (1) OB Simulation Evaluation Tool
 - e. Print FHM Strips 1-10 to be used during an interpretation exercise
8. The manikins have breath sounds, heart sounds, and the infant has bowel sounds Utilize these when completing your physical assessments
9. You may run IV fluids into the manikins
10. IM and SQ medications should not be injected into the manikins. An injection pad will be provided
11. Please save bottles after you draw up medications, as they are refilled for reuse
12. Please wash your hands prior to touching the manikins
13. No food is allowed in the simulation lab
14. You may have drinks in the simulation debriefing rooms if the drink has a lid

The scenarios are designed to give you a variety of experiences. This clinical experience is like all others – You will get out of it what you put into it. If you apply yourself, you will learn more. Also, we’ll have some fun. See you in OB Sim Lab.