

CASE STUDY - Diabetes in Pregnancy

A 30-year-old, G2, P1, is in her 10th week of pregnancy. Her first baby was stillborn at 32 weeks, so she is very worried about this pregnancy. Initial lab work obtained two weeks ago included testing for diabetes, due to the patient's history a stillborn. The physician explains during the first prenatal visit there is a concern for diabetes due to an elevated glucose level. The nurse realizes patient education regarding diabetes, the effects of diabetes on both the patient and baby and how to manage diabetes it is essential.

1. Discuss maternal risks associated with diabetes and pregnancy.
2. Discuss fetal-neonatal risks associated with diabetes and pregnancy.
3. What educational topics should be covered to assist the patient in managing her diabetes?
4. What classification (SGA, AGA, LGA) will this patient's baby most likely be classified as? Discuss your answer.

CASE STUDY - Pregnancy Induced Hypertension

A single 17-year-old patient Gr 1 Pr 0 at 34 weeks gestation comes to the physician's office for her regular prenatal visit. The patient's assessment reveals BP 160/110, DTR's are 3+ with 2 beats clonus, weight gain of 5 pounds, 3+ pitting edema, facial edema, severe headache, blurred vision, and 3 + proteinuria.

Patient's history – single, lives with her parents, attending high school, works at local grocery store in the evenings as a cashier, began prenatal care at 18 weeks, has missed two of her regularly scheduled appointments for prenatal care, never eats breakfast, snacks for lunch and eats dinner after she gets off work at 10:00 pm.

1. What disease process is this patient exhibiting? What in the assessment supports your concern?
2. What in the patient's history places her at risk for Pregnancy-Induced Hypertension?
3. Describe how Pregnancy-Induced Hypertension affects each organ and how these effects are manifested.
4. What will the patient's treatment consist of?
5. What is the drug of choice for this condition? What other medication(s) might be ordered for this patient?
6. What are the Nursing considerations when administering the drug of choice? (Side effects & medication administration guidelines)