

Covenant School of Nursing
Instructional Module 2 Learning Guide
Topic: Urinary & Bowel Elimination

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

Specimen Collection

- Describe how to obtain a urine specimen
- Describe how to collect a stool specimen

Urinary Catheterization

- Describe nursing interventions for a patient requiring urinary catheterization.
- Outline a teaching plan for a patient requiring urinary catheterization.
- Describe the methods to avoid complications of urinary catheterization.
- Identify relevant factors to be documented for a patient requiring urinary catheterization.
- Demonstrate urinary catheterization on a manikin.

Enema

- Explain the purpose of administering various types of enemas (cleansing, medicated, and oil-retention).
- Describe how to administer various types of enemas.

Pre-Class Preparation

Required:

- **CSON Professional Nursing Skills Critical Elements and Nursing Intervention Instructions**
 - Urinary Catheter Insertion Indwelling and Straight/Intermittent
 - Enema Administration in Adults: Prepared Solution
- **Potter, P., Perry, A, Stockert, P. & Hall, A. (2017). *Fundamentals of nursing* (9th ed.) Elsevier**
 - Page 1119 Start at Catheterization. Stop at Alternative to Catheterization
 - Page 1125 Box 46-12 Applying a Condom Catheter
 - Page 1112 Table 46-3 Urine Testing
 - Page 1156 Start with Fecal Specimens Stop at Diagnostic Examinations pg. 1157
 - Page 1163 Start at Enemas. Stop at Inserting and Maintaining a Nasogastric Tube
 - Page 1166 Box- 47-10 Digital Removal of Stool

Additional Resources:

- HOUDINI document

Learning Activities

Classroom Activities:

- Theory content related to a urine and stool specimen collection.
- Theory content related to related to urinary catheterization.
- Theory content related to bowel care.

Laboratory/Clinical Activities:

- Practice inserting urinary catheter.

Online:

- Bard video explaining how to use urinary catheterization kit
<https://vimeo.com/203967103>
- Evolve – Clinical Skills for Nursing Collection – Inserting a Urinary Catheter in a Male and Female Patient
- Evolve – Clinical Skills for Nursing Collection – Applying a Condom Catheter
- Men’s Liberty External Catheter <https://vimeo.com/284778199>
- Evolve – Clinical Skills for Nursing Collection – Performing Intermittent Straight Catheterization
- Evolve – Clinical Skills for Nursing Collection – Providing Catheter Care
- Evolve – Clinical Skills for Nursing Collection – Removing an Indwelling Urinary Catheter
- Evolve – Clinical Skills for Nursing Collection – Administering a Cleansing Enema
- Evolve – Clinical Skills for Nursing Collection – Obtaining a Specimen from an Indwelling Urinary Catheter
- Purwick video explaining device
<https://www.youtube.com/watch?v=1rnQaHvIMBc>

Evaluation Methods

- Instructor observation in lab setting
- Instructor observation in clinical setting
- Performance Assessments
- Clinical Performance Exam
- Unit Exams

Texas DECs						QSEN Competencies	
I. B.	II. A.	II. C.	II. F.	II. G.	IV. D.	Patient-Centered Care Evidence-Based Practice Safety	
IM Student Learning Outcomes						NCLEX Test Plan	
1, 2, 3, 4, 7, 8						Safe & Effective Care Environment Health Promotion & Maintenance Physiologic Integrity	
Concepts						Faculty	
Clinical Judgment Communication Professionalism Ethics and Legal Precepts Evidence-based practice Patient-Centered Care Safety						Robin Knaff Baker, MSN, RN, CWON	
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Instructional Module 2 Learning Guide Topic: Urinary & Bowel Elimination cont'd

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