

## Physical Assessment - Scenario #5: Stroke

**GENERAL APPEARANCE:** (include general mental status)  
79-year-old who is awake, speech is slurred

### VITALS

Temperature: 37.2° C temporal (list the site where the temperature was taken, i.e., oral, rectal, tympanic membrane, axillary)  
Blood Pressure: 158/98 (Document if you need to use a large cuff or thigh cuff for an obese arm.)  
Heart Rate by radial pulse palpation: 110 with episodes of rate up to 220s  
Respiration Rate: 26 with periods of apnea and shallow breathing

### HEENT

Head: Configuration- normocephalic  
Hair- coarse texture  
Scalp- no lesions, tenderness  
Eyes: Sclera- white; Conjunctiva- pink  
Ears: External Ear- no lesions, masses, tenderness; Auditory Canal- normal  
Nose: Color- pink, no discharge; Septum- midline  
Throat and Mouth: Teeth, Tongue, and Gums and Mucosa: unable to assess

### NECK

Active ROM: full flexion, extension, lateral rotation and tilting  
Trachea: midline, mobile  
No palpable lymph nodes  
Carotid pulses: Right - 2+, Left - 1+

### THORAX & BACK

Inspection: symmetrical expansion with respiration, no scars or striae; normal spinal curvature, no deformities

## LUNGS

Auscultation: shallow breath sounds at intervals  
O2 sat - 93% on 3 L per nasal cannula

## HEART

Auscultation: heard in all 4 points, difficult to assess sounds due to tachycardia

## ABDOMEN

Inspection: flat, no scars, no striae  
Auscultation: normoactive bowel sounds x4, no bruits  
Palpation: no tenderness, masses, guarding

## EXTREMITIES

### **Upper**

Unable to move the left arm, able to move right arm, foot, and wiggle toes  
Radial pulses: 2+ bilaterally and equal

### **Lower**

Unable to move the left leg, foot, or toes  
Pedal pulses: R: 1+, L: unable to palpate, obtained via Doppler - 118

## SKIN

Warm, dry and intact, no lesions, normal color for race

## NEUROLOGIC

Mental Status: Eyes open, slurred speech  
Pupils - R: reactive to light, equal, round, and 3 mm; L: round, non-reactive to light, dilated  
III, IV, VI: EOM - unable to assess  
V: light touch face- decreased sensation on the left side of the face  
VII: Wrinkle forehead - unable to perform; R eye: closes, L eye - closes partially, eyelid droops; show teeth- abnormal, smile is asymmetrical - left side does not move  
VIII: Hearing - able to hear by rough testing  
X: Cough - unable to follow instructions

**NEUROLOGIC Continued**

XI: Shrug shoulders - left shoulder does not move, cannot move left arm

XII: Protrude tongue - unable to move tongue

**COORDINATION** - Not checked