

Covenant School of Nursing
Instructional Module 1 Learning Guide
Topic: Hygiene

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Explain how personal hygiene relates to health and well-being • Describe factors influencing personal hygiene practices • Discuss different approaches used in maintaining a patient's comfort and safety during hygiene care • Demonstrate nursing skills to promote patient hygiene (such as bathing and foot care)
Pre-Class Preparation
Required: • Read Potter & Perry 9th. Ed. Chapter 40 Hygiene • Review Power-Point slides Complete the online activity listed in Learning Activities. An average score of 80% on the test with the activity is required prior to class.
Learning Activities
Classroom Activities: • Lecture • Discussion • Bathing video Additional Resources: • None Laboratory/Clinical Activities: • Lab demonstration: Bathe Mannequins in Simulation • Complete bed bath in clinical setting Online/Out of Class • My Evolve • Clinical Skills for Nursing Collection • Course Content • Essential Collection: • Performing a Complete/Partial Bedbath • Cleaning Dentures • Performing Nail and Foot Care • Applying stockings • Performing Perineal Care for a Female • Performing Perineal Care for a Male Patient. View Demos and Complete test.
Evaluation Methods
• Exam • Hygiene Lab • Hygiene Clinical

Texas DECs		QSEN Competencies
Knowledge II.A, 1a, 2b, 3, 4a; IIB, 2, 6, 7, 12; IIC, 3a, 4a, 4b, 6, 8; IID, 1a; IIE, 1a, 1b, 1c, 3b, 4b, 5, 12; IIG, 3a; IVB, 3d, IVC, 3a, 8 Clinical Judgments and Behaviors IA, 2; IB, 2a, 3a, 3c, 5a, 5c; IIA, 2a, 2b, 4; IIB, 2, 3b, 5; IIC, 1, 2, 7; IID, 2c, 3b; IIE, 2a, 2b, 4, 6a, 13a; IIF, 1a, 1b, 1c, 5a, 5b; IIG, 1a, 5c; IIIA, 4; IIIB, 1, 2, 3a, 3b; IIIC, 2a; IVB, 1a, 2a; IVC, 2b; IVE, 2b		PCC; T & C, S
IM Student Learning Outcomes		NCLEX Test Plan
2/1; 3/3, 4/1; 4/4; 6/6; 6/1, 8/8		MOC: Basic Care and Comfort; Personal Hygiene MOC: Health Promotion & Maintenance
Concepts		Faculty
Health Promotion Hygiene/ Pathophysiology of Skin and Pressure Ulcers		M. Foster MSN, RN
Date originated: 06/18/15		Revision Dates: 9/9/16; 12/07/16; 01/10/17; 12/06/17; 01/21/19; 01/31/20/5/14/20

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