Psych Shift Assessment BH

Psychosocial Assessment

General	
Type Of Program	○ Chemical Dependency ○ Dual Diagnosis ○ Psychiatric
Medication Compliance	☐ Cheeking Medication ☐ Hiding Medication ☐ Taking ALL Medication ☐ Court Ordered ☐ Medication Seeking ☐ Taking Selected Meds ☐ Disposing Medication ☐ Refusing Medication ☐ No Medication Ordered
Medication Compliance Comments	[ ]

Psychosocial Observations	
Psychosocial Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - Appearance Neat And Clean - Makes Eye Contact - Facial Expression Appropriate - Speech Rate Volume Amount Characteristics Normal - Motor Activity Relaxed - Attitude Cooperative - Mood Calm - Affect Congruent - No Blackouts
Safety Risk Precautions	☐ Aggressive/Assaultive ☐ Homicidal ☐ Seizure ☐ Elopement ☐ Hypersexual ☐ Suicidal ☐ Fall ☐ Self Harm ☐ Restrict To Unit
Safety Checks Performed Per Policy	○ Yes
Appearance	☐ Appropriate ☐ Disheveled ☐ Neat ☐ Unkempt ☐ Bizarre ☐ Malodorous ☐ Poor Hygiene ☐ Well Groomed
Eye Contact	○ Poor Eye Contact ○ No Eye Contact ○ Good Eye Contact
Facial Expression	☐ Grimacing ☐ Lip-Smacking ☐ Tics
Speech	☐ Blocking ☐ Loud ☐ Perseveration ☐ Slurred ☐ Clear ☐ Mute ☐ Pressured ☐ Soft ☐ Flight Of Ideas ☐ Requires Prompting ☐ Rapid ☐ Stuttering ☐ Garbled ☐ Paucity ☐ Slow ☐ Word Salad ☐ Hyper-Verbal
Motor Activity	☐ Agitated ☐ Lethargic ☐ Ritualistic/Repetitive ☐ EPS ☐ Restlessness ☐ Tense ☐ Hypervigilance ☐ Rigidity ☐ Tremor
Psychomotor	☐ Catatonic ☐ Poor Posture ☐ Restlessness ☐ Retardation
Attitude	☐ Apathetic ☐ Demanding ☐ Irritable ☐ Suspicious ☐ Argumentative ☐ Guarded ☐ Negative ☐ Uncooperative ☐ Defensive ☐ Hostile ☐ Seductive
Behaviors	☐ Aggressive ☐ Detached ☐ Manic ☐ Restless ☐ Agitated ☐ Engaging ☐ Med-Seeking ☐ Seclusive ☐ Belligerent ☐ Guarded ☐ Obsessive ☐ Somatic ☐ Compulsive ☐ Hostile ☐ Passive ☐ Superficial ☐ Crying ☐ Impulsive ☐ Poor Boundries/Dec Making ☐ Suspicious ☐ Denies Problems ☐ Intrusive ☐ Provocative ☐ Tense ☐ Dependent

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Mood	☐ Agitated ☐ Despondent ☐ Frightened ☐ Labile ☐ Angry ☐ Dysphoric ☐ Frustrated ☐ Oppositional ☐ Anhedonia ☐ Elevated ☐ Guilt ☐ Overwhelmed ☐ Anxious ☐ Euphoric ☐ Helpless ☐ Paranoid ☐ Belligerent ☐ Euthymic ☐ Hopeless ☐ Quiet ☐ Concerned ☐ Expansive ☐ Hostile ☐ Sad ☐ Congruent ☐ Fearful ☐ Irritable ☐ Withdrawn ☐ Depressed
Affect	☐ Blunted ☐ Elated ☐ Incongruent ☐ Sad ☐ Broad ☐ Flat ☐ Labile ☐ Tearful ☐ Constricted ☐ Inappropriate
Blackouts	○ Yes
Psychosocial Assessment Comments	

Self Harm

Current Self Harm Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - No reported history of Self Harm - No reported Self Harm Ideation - No observable signs of Self Harm behaviors
History Of Self-Harm	○ Yes ○ No
Current Self-Harm Ideation	○ Yes ○ No
Current Self-Harm Behavior	☐ Biting ☐ Head Banging ☐ Pillow Over Face ☐ Cutting ☐ Jumping ☐ Superficial Scratching ☐ Hanging ☐ Overdose ☐ Other
Self-Harm Interventions	☐ Encourage Report Impulse ☐ Monitor For SS Self Harm ☐ Safe Environment Managed ☐ Firm Limit Setting ☐ Monitor For Hidden Object ☐ Safety Plan Developed ☐ Medication ☐ Nonjudgmental Approach ☐ Therapeutic Communcation ☐ Other
Self-Harm Interventions Other	
Self-Harm Intervention Effective	○ Yes ○ No Comment
Self-Harm Comments	

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Homicidal Behavior

Homicidal Behavior Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - No Safety Related Risk Behaviors - No Observable Signs Of Homicidal Behavior - No Observable Signs Of Escalating Behavior - No Reportable Current Homicidal Ideation
Safety Related Risk Behaviors	☐ None Noted ☐ Hx of Assaultive Behavior ☐ Previously Assaulted ☐ Current Legal Custody ☐ Hx Restraint/Seclusion ☐ Hx Incarceration
Observed Homicidal Behavior	☐ None Noted ☐ Presently Intoxicated* ☐ Use Of Profanity ☐ Acute Psychosis ☐ Severe Agitation ☐ Aggressive Behavior ☐ Threatening Gestures
Escalating Behavior	☐ Pacing ☐ Intrusive Behavior ☐ Extreme ☐ Requires Seclusion ☐ Shouting ☐ Verbally Abusive ☐ Overt Physical ☐ Walking Restraints Needed ☐ Clenched Fist/Jaw ☐ Physically Aggressive ☐ Overt Verbal ☐ Not Follow Simple Directi ☐ Non Directable ☐ Continuous ☐ Requires Restraint ☐ Touching Other Patients
Current Homicidal Ideation	○ Yes ○ No
Homicidal Plan	

Aggression

Aggression And Assault Interventions	☐ Distraction Techniques ☐ Medication ☐ Safety Rounds Per Policy ☐ Therapeutic Communication ☐ Firm Limit Setting ☐ Quiet Space Provided ☐ Tarasoff Initiated ☐ Other
Aggression And Assault Intervention Other	
Aggression Assault Intervention Effective	○ Yes ○ No Comment
Aggression And Assault Comments	

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Directions	
Aggression Risk Scale Legend	Absence of behavior gives a score of 0. Presence of behavior gives a score of 1. If behaviour is normal for a patient (e.g. patient is normally confused and has been so for a long time) this will give a score of 0. If an increase in confusion is observed this gives a score of 1. **Maximum score (SUM) is 6. **

Screen	
Confused	○ Absent ○ Present ○ Normal for Patient ○ Increased Appears obviously confused and disorientated. May be unaware of time, place or person.
Irritable	○ Absent ○ Present ○ Normal for Patient ○ Increased Easily annoyed or angered. Unable to tolerate the presence of others.
Boisterous	○ Absent ○ Present ○ Normal for Patient ○ Increased Behaviour is overtly "loud" or noisy. For example slams doors, shouts out when talking etc.
Physically Threatening	○ Absent ○ Present ○ Normal for Patient ○ Increased Where there is a definite intent to physically threaten another person. For example the taking of an aggressive stance; the grabbing of another persons clothing; the raising of an arm, leg, making of a fist or modeling of a head-butt directed at another.
Verbally Threatening	○ Absent ○ Present ○ Normal for Patient ○ Increased A verbal outburst which is more than just a raised voice; and where there is a definite intent to intimidate or threaten another person. For example verbal attacks, abuse, name-calling, verbally neutral comments uttered in a snarling aggressive manner.
Attacking Objects	○ Absent ○ Present ○ Normal for Patient ○ Increased An attack directed at an object and not an individual. For example the indiscriminate throwing of an object; banging or smashing windows; kicking, banging or head-butting an object; or the smashing of furniture.

Result	
Aggression Risk Score	[ ] Score = 0 The risk of violence is small Score = 1-2 The risk of violence is moderate. Preventive measures should be taken Score > 2 The risk of violence is very high. Preventive measures should be taken In addition, a plan should be developed to manage the potential violence.

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Agitation

Agitation Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidence by: - Exhibits no observable signs of agitated behaviors
Agitation Behaviors	☐ Continuous ☐ Overt Physical ☐ Requires Restraint ☐ Walking Restraints Needed ☐ Extreme ☐ Overt Verbal ☐ Requires Seclusion ☐ Other
Agitation Risk Interventions	☐ Env Stimuli Reduced ☐ Quiet Space Provided ☐ Use Calming Techniques ☐ Firm Limit Setting ☐ Safety Rounds Per Policy ☐ Other ☐ Medication ☐ Therapeutic Communication
Agitation Interventions Other	
Agitation Intervention Effective	○ Yes ○ No Comment
Agitation Comments	

Anxiety

Anxiety Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidence by: Patients exhibits no signs of the following behaviors: - Tension - Insomnia - Panic Attacks
Tension	☐ Restless ☐ Startles Easily ☐ Tearful ☐ Trembles
Insomnia	☐ Difficulty Falling Asleep ☐ Difficulty Staying Asleep ☐ Nightmares ☐ Wakefulness
Anhedonia	☐ Loss Of Interest ☐ Loss Of Pleasure
Panic Attack Symptoms	☐ Hyperventilation ☐ Weakness ☐ Sweating Profusely ☐ Choking Sensation ☐ Feeling Overwhelmed ☐ Palpitations ☐ Shortness Of Breath
Panic Attacks Frequency	○ Frequent ○ Seldom ○ Very Frequent
Anxiety Risk Interventions	☐ Avoid Info Overload ☐ Monitor SS Anxiety ☐ Rapid Prompt Intervention ☐ Encourage Social Interact ☐ Plan Developed To Manage ☐ Use Calming Techniques ☐ Medication
Anxiety Interventions Other	
Anxiety Intervention Effective	○ Yes ○ No Comment
Anxiety Comments	

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Sleep

Sleep Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - No Identified Disturbed Sleep Pattern - No Reported or Observed Sleep Aggravating Factors - Estimated Amount of Sleep Per Night Adequate To Meet Patient Needs
Estimated Time Patient Sleeps Per Night	[_____] (Hrs/Night)
Sleep Pattern	☐ Difficulty Falling Asleep ☐ Insomnia ☐ Sleepwalks ☐ Early Morning Awakening ☐ Nightmares ☐ Wakes During Night ☐ Hypersomnia ☐ Restless ☐ OOB Frequently
Sleep Aggravating Factors	☐ Agitation ☐ Cough ☐ Environmental Issues ☐ Pain ☐ Anxiety ☐ Delusions ☐ Hallucinations ☐ Withdrawal Symptoms
Sleep Interventions	☐ Limit Caffeine ☐ Ear Plugs ☐ Monitor Amt Sleep (7-9Hr) ☐ Change In Room/Roommate ☐ Expose Natural Sunlight ☐ Promote Sleep/Wake Cycle ☐ Day Activity/Exercise ☐ Limit Nap ☐ Quiet Relax Environment ☐ Discourage Sleep Activity ☐ Medications
Sleep Intervention Other	[_____]
Sleep Interventions Effective	○ Yes ○ No Comment [_____]
Sleep Comments	[_____]

Elopement

Elopement Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - No elopement behaviors reported or observed
Elopement Observed Behaviors	☐ Attempt To Leave Unit ☐ Confusion ☐ Stated Intent
Elopement Observed Behaviors Other	[_____]
Elopement Risk Interventions	☐ Distraction Technique ☐ Post Signage ☐ Move To Higher Level Care ☐ Diversional Activity ☐ Therapeutic Communication ☐ Safety Rounds Per Policy ☐ Increased Level Of Observ
Elopement Interventions Other	[_____]
Elopement Intervention Effective	○ Yes ○ No Comment [_____]
Elopement Comments	[_____]

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Perceptions

Perceptions Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - Thought Process Intact And Linear - Thought Content Reality Oriented - Hallucinations Denies And None Noted - Delusions Denies And None Noted
Thought Process	☐ Circumstantial ☐ Incoherent ☐ Perseveration ☐ Tangential ☐ Disorganized ☐ Loose Associations ☐ Racing ☐ Thought Blocking ☐ Goal Directed ☐ Concrete ☐ Rumination ☐ Word Salad ☐ Flight Of Ideas
Hallucinations Present	○ Yes ○ No
Hallucinations Type	☐ Auditory ☐ Olfactory ☐ Visual ☐ Command ☐ Tactile
Hallucination Descriptive Note	
Delusion Present	○ Yes ○ No
Delusion Type	☐ Thought Insertion ☐ Grandiose ☐ Paranoid ☐ Religious/Preoccupation ☐ Thought Broadcast ☐ Ideas Of Reference ☐ Persecutory ☐ Somatic ☐ Thought Deletion ☐ Magical Thinking ☐ Phobias
Delusion Descriptive Note	
Perceptions Interventions	☐ Avoid Power Struggles ☐ Re-direct ☐ Minimize Sensory Stimuli ☐ Respect Patient Boundary ☐ Environmental Safety ☐ Medication ☐ Reality Orientation ☐ Use Touch Judiciously
Perception Interventions Other	
Perception Intervention Effective	○ Yes ○ No Comment
Perception Comments	

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Sensorium Cognition

Sensorium and Cognition Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - Alert - Orientated To Person, Place, Time, and Situation - Memory Intact - Judgment Usually Able To Make Logical Decisions - Insight Aware Of Illness
Alertness Level	○ Intoxicated ○ Sedated ○ Stuperous
Orientation	☐ Disoriented To Person ☐ Disoriented To Time ☐ Disoriented To Place ☐ Disoriented To Situ/Event
Memory Deficit	☐ Long Term Deficit ☐ Short Term Deficit ☐ Unable To Test
Ability to Make Logical Decisions	○ Sometimes Able ○ Unable
Insight	○ Good ○ Fair ○ Poor ○ None
Sensorium and Cognition Comments	

Social Appropriateness

Social Appropriateness Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - Interacts With Others In A Respectful And Courteous Manner - Attends And Participates In Groups - Respectful Of Other's Personal Space - Demonstrates Ability To Control Impulse To Say And Do Things That Are Socially Acceptable
Socially Inappropriate Behavior	☐ Discourteous ☐ Limited Group Attendance ☐ Socialy Inappropriate ☐ Disrespectful ☐ Minimal Interaction ☐ Withdrawn ☐ Intrusive ☐ Provocative ☐ Isolated
Socially Inappropriate Behavior Other	
Social Interaction Interventions	☐ 1:1 Interactions ☐ Gradual Inc Participation ☐ Set Firm Limits ☐ Encourage App Behavior ☐ PromoteUnit Participation 1:1 Interactions allow for expression of feelings and concerns in 1:1 setting Encourages appropriate behavior to gratify or express feelings
Social Interaction Intervention Other	
Social Intervention Effective	○ Yes ○ No Comment _____
Social Appropriateness Comments	

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Withdrawal

Withdrawal Assessment Parameters	○ WDL ○ WDL Except _____ Within Defined Limits (WDL) as evidenced by: - Exhibits No Medical Complications As Listed Below - LOC Awake Alert Oriented X4 And Opens Eyes To Voice Or Tactile Stimuli - Exhibits No Physical Symptoms As Listed Below - Able To Concentrate - Tolerates Normal Levels Of Sound, Light, And Tactile Sensation
Medical Complications	☐ Delirium ☐ Hyperthermia ☐ Tachycardia ☐ Bradycardia ☐ Hypertension ☐ Seizure ☐ DTs ☐ Trembling
Withdrawal Level Of Consciousness	☐ Decreased ☐ NOT Open Eyes To Touch ☐ NOT Open Eyes To Voice
Withdrawal Physical Symptoms	☐ Abdominal Cramps ☐ Diaphoresis ☐ Muscle Cramps
Withdrawal Concentration	☐ Sometimes Able To Focus ☐ Unable To Pay Attention ☐ Sometimes Pays Attention ☐ Unable To Focus
Hypersensitivity	☐ Light ☐ Sound ☐ Tactile Sensation
Other Drug And ETOH And Drug Assessment	
Drug And ETOH Interventions	☐ Monitor Mood And Lability ☐ Per Policy ☐ Therapeutic Support ☐ Monitor SS Withdrawal ☐ Nonjudgmental Approach ☐ Request For Consultation
Other Drug And ETOH Interventions	
Drug And ETOH Intervention Effective	☐ Decrease Env Stimuli ☐ Direct Approach
Withdrawal Comment	

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