

**Covenant School of Nursing**  
**Instructional Module 1 Learning Guide**  
**Topic: Interpersonal Relationships-Caring for Families**

| <b>Learning Goals/Outcomes</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"><li>• Discuss the role that caring plays in building nurse-patient relationships</li><li>• Discuss evidence that exists about patients' perceptions of caring</li><li>• Describe the therapeutic benefits of presence, touch, listening</li><li>• Explain the relationship between knowing a patient and clinical decision making</li><li>• Discuss trends and terms used to describe family and family diversity</li><li>• Discuss the role of family and family members as caregivers</li><li>• Discuss factors that promote or impede family health</li><li>• Use the nursing process to provide for the health care needs of the family.</li></ul> |
| <b>Pre-Class Preparation</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p>Required:</p> <ul style="list-style-type: none"><li>• Read Potter &amp; Perry Chapter 7 Caring in Nursing and Chapter 10 Caring for Families</li><li>• Review Power-Point</li></ul> <p>Additional Resources:</p> <ul style="list-style-type: none"><li>• None</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Learning Activities</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p>Classroom Activities:</p> <ul style="list-style-type: none"><li>• Discussion</li><li>• Class participation</li></ul> <p>Laboratory/Clinical:</p> <ul style="list-style-type: none"><li>• None</li></ul> <p>Online:</p> <ul style="list-style-type: none"><li>• None</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Evaluation Methods</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| <ul style="list-style-type: none"><li>• Exam</li><li>• Clinical</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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| <i>Time Allotments:</i>                                                   |                                                                                                                |                          |
| <b>Classroom</b>                                                          | <b>Laboratory</b>                                                                                              | <b>Out-of-Class Work</b> |
|                                                                           |                                                                                                                |                          |
| <b>Texas DEC's</b>                                                        | <b>QSEN Competencies</b>                                                                                       |                          |
| IA; IID; IIE                                                              | PCC; T & C; QI: S                                                                                              |                          |
| <b>IM Student Learning Outcomes</b>                                       | <b>NCLEX Test Plan</b>                                                                                         |                          |
| 1/1;1/2;1/3;1/4;1/5;1/6;1/7                                               | MOC: Safe and Effective Care Environment; MOC: Health Promotion and Maintenance; MOC: Physiological Integrity; |                          |
| <b>Concepts</b>                                                           | <b>Faculty</b>                                                                                                 |                          |
| <i>Interpersonal Relationships- Caring for Families/Caring in Nursing</i> | Foster                                                                                                         |                          |
| <b>Date originated:</b><br><b>-07/20/2015</b>                             | <b>Revision Dates:</b><br><b>03/14/2016;01/16/2017, 3/2020</b>                                                 |                          |

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*CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016*