

Example of not meeting outcome

Competency	Outcomes	Secondary Outcomes	Give examples of how you met each outcome
Assessment & Intervention	Implement a plan of care that integrates adult patient-related data and evidence-based practice.	<ul style="list-style-type: none"> - Define plan of care for specific health impairment - Identify signs/symptoms of health impairment - Select & implement proper interventions for specific health impairment - Evaluate effectiveness of interventions 	<ol style="list-style-type: none"> 1. Made sure side rails were up x2 to keep patient safe. 2. Corrected O2 flow rate on a patient with COPD.

Great example of meeting outcome

Teaching	Evaluate the effectiveness of teaching plans implemented during patient care.	<ul style="list-style-type: none"> - Identify/define teaching plan - Implement teaching plan - Identify appropriate evaluation tools - Appraise patient outcomes 	<ol style="list-style-type: none"> 1. "A patient of mine with an SPO₂ of 86% refused to wear her nasal cannula. She stated that she occasionally uses oxygen at home, and only wears it in the hospital when she wants to. My approach was to ask her why she prefers not to wear it, and then explain to her the importance of oxygen use. Initially, she stated that she doesn't see why she needs to use oxygen when she is capable of breathing. I explained to her that overall, oxygen use is important so that her cells will get the proper amount of oxygen they need to function. I let her know that as healthcare providers, we administer oxygen to reach an SPO₂ of 90% or higher. She replied, "Okay, I will wear it". Within seconds of oxygen administration, her oxygen went up to 94% and the patient agreed to wear her cannula for the rest of her stay, as well as at home." 2. "One of my patients was admitted due to a blood pressure of 174/146. I began investigating and talked to him about possible reasons to why his BP got so out of control. My main suspicions occurred when he told me he does not take his blood pressure medicine regularly. In addition, I asked him about his diet and he told me he mainly eats take-out food. The patient was very frustrated because he did not see why he had to be in the hospital. He stated, "I want to get out of here and they won't let me out. I'm perfectly fine." At that point, I kindly explained to him that the nurse told me his BP must be stable before he gets discharged. I provided him with some education on the importance of regularly taking BP meds to prevent serious complications. The patient calmed down afterwards."
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